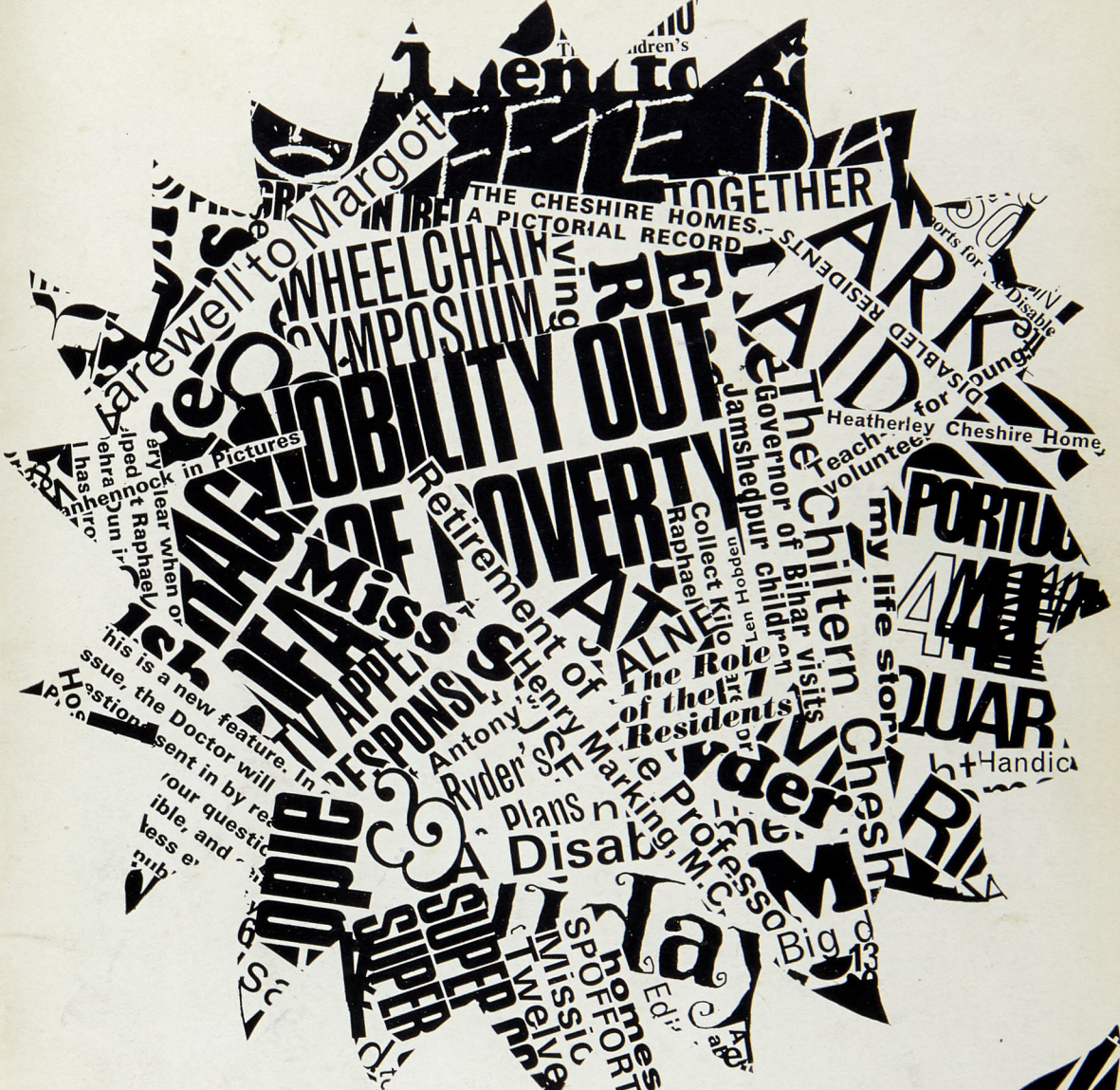


# CHESHIRE SMILE



The Quarterly Magazine of the Cheshire Homes Summer 1966 Price 1s 6d

WORLD DISAR  
AELPV  
Lords Denning  
THE NOVEL  
The Quarterly Magazine of the Cheshire Homes Summer 1966 Price 1s 6d



### Model of Toc H upper room

Tom Langham, whose models have been featured before in the *Cheshire Smile*, completed another one last year in connection with the Toc H Jubilee. As shown in our picture, the model is of 'The Upper Room' at Talbot House, Poperinghe, Belgium, where Toc H was founded.

The model took six weeks to complete, and is made of three-ply wood. It includes

such little details as pictures, candles and vases of flowers; these details were reproduced from photographs taken by Tom Langham when he visited Poperinghe.

Over the door hangs a Toc H lamp, and the model is lit by a light in the roof. There is a slot in one side with a removable box for collection purposes.

*Photo: Kentish Times.*





# CHESHIRE SMILE

The Quarterly Magazine of the Cheshire Homes

Vol. 12 No. 2 Summer 1966 one shilling and sixpence

*The Cheshire Smile* is edited and managed by disabled residents at Le Court. Contributions to the magazine are invited from all readers. Opinions put forward in individual articles do not necessarily represent the official view of the Cheshire Foundation. It is our aim, however, to encourage free expression of ideas.

Publication dates fall roughly in the middle of March, June and September, but in early December.

If you would like to ensure that you receive *The Cheshire Smile* regularly, we should be glad to put your name on our mailing list. A subscription form is on the back page.

## Deadlines for Next Issue

All news items for the June 1966 number should be received by the Regional Editors not later than 4th July. Regional Bulletins, letters to the Editor, etc., must be received here at Le Court by 18th July. No further notice of these dates will be sent to the Homes, so please make a note of them in your diaries. Special articles, photos, drawings, etc., should be sent, as early as possible, direct to the Editor, Le Court.

## On the Cover

The front cover, designed by Richard Brown, is a montage of display lines taken at random from the *Cheshire Smile*. It offers a retrospective look at the past 2½ years' issues. The design is also symbolic of the current season.

*Hon. Editor* FRANK SPATH *Hon. Consultant Medical Editor* Dr. B. KIERNANDER

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## It Can Be Done!

*Rosemary Glass of Athol House writes of how she has boosted the sale of magazines through the Home. From a mere four dozen, she has increased the circulation to sixteen dozen in two issues.*

Perhaps you would like to know how we have increased our sale of *Cheshire Smiles*. Well, the answer is quite simple. Up till now, no one has really tried.

I have felt for a long time that we should do better, but I didn't do anything about it for the simple reason I didn't feel I was the right person, since I am rather out of circulation during part of the day – on my bed. Anyway, I decided at last to have a bash at promoting sales, and so far my efforts have

met with encouraging results.

The magazines used to be kept in a stand on top of the shop in the hall, with a money box beside it, and a large notice placed prominently above, so that anyone who wanted a *Cheshire Smile* could help themselves. Needless to say, there was nothing to stop anyone picking one up, glancing through it, and putting it back! I decided I couldn't do the job successfully if the magazines were to stay there, for I had no means of telling who had had one and who hadn't.

I now keep them on my bed (only during the day of course!) and I try to make sure that everyone who comes to the Home is

made aware of them. I'm gradually building up a list of regular readers, and this list gives me a fair guide as to how many *more* I need to order of the next issue. Some people have paid me a yearly subscription, which helps. It probably means that they'll be chasing me instead of the other way round!

So far, no one who has not already had a magazine has refused to buy one, and some have taken more to sell to their friends. There seems to be no end of people who are interested, if only one can reach them. That is what I intend to try and do. With a bit of co-operation, it should be possible.

So much for my bash!

## The Liverpool Project

The new South West Lancashire Home, Springwood House in Liverpool, is coming on apace. The property is situated at the southern end of Liverpool, and was originally the home of a leading Liverpool shipping family. It was left to the Liverpool Corporation, with the benefit of extensive public gardens.

Negotiations have been going on for some considerable time with the Liverpool Corporation in order to obtain the lease of

the premises. We understand that the negotiations have now been successfully concluded, and that the lease was entered into at the beginning of March.

The building itself has been badly damaged by the ravages of dry rot, and has not been used for some years. Very extensive repairs, renovations and alterations are needed, which it is thought will cost £25,000/£27,000.

Various fund-raising efforts have been

made in the district, and by the time this is in print the total funds will probably have reached £10,000. It will thus be seen that much more help, in kind as well as financial of course, is needed.

There is a very enthusiastic Committee under the Chairmanship of Mr. Bernard R. Taylor, and the Appeals Committee Chairman is Mr. Charles Turner.

## London Gift Shop

Londoners, or visitors to the metropolis, might like to pay a visit to the Gift Shop run by the Mission for the Relief of Suffering at 51/53 Knightsbridge, S.W.1. (These are the adjoining shops where Christmas Cards were sold so successfully for the Mission in 1965.) A wide selection of new and second hand clothing, furniture, china, glass, books, as well as handicrafts made

in the Cheshire Homes is available.

The Gift Shop is appealing to Friends and Wellwishers of the Cheshire Homes, the Forgotten Allies, Mother Teresa's Organisation, and the Raphael Centres to donate articles such as those listed above, and in fact, anything that is saleable.

If any of the Cheshire Homes would like to use this outlet for their work, the Shop

would be happy to sell the articles.

All goods should be sent direct to the Gift Shop (Mission for the Relief of Suffering) at the above address. Any enquiries should be made to Mrs. K. G. Barker, 5 Market Mews, London W.1. (Tel: Grosvenor 2267).

## Annual Conference and Family Day

The Annual Conference of the Cheshire Foundation Homes is to be held this year on Saturday 18th June at the Royal Com-

monwealth Society, Northumberland Avenue, London W.C.2.

By kind invitation of the Management

Committee of White Windows (Halifax, Yorks.) the 1966 'Family Day' is being held at this Home on Saturday 16th July.



In the last issue of the *Cheshire Smile*, it was difficult to condense the topical items covered by your Roving Reporter into the space available. This time the position is reversed. There seems to have been little happening that I can comment upon.

I would like to say something, however, about the Annual General Meetings held at most Cheshire Homes. In spite of the discouraging weather in the early part of this year, there were a number of encouraging A.G.M.'s, many of them having been reported in the U.K. News section of the *Smile*. May I mention, though, the one at the Cotswold Home, which had the pleasure of welcoming the Mayor of Cheltenham, who takes such a lively interest in the work of the Cheshire Foundation, and took the Chair at this Meeting.

The Cotswold Home in Cheltenham is a small house of great architectural interest. It looks after only some 23 residents, but these smaller Homes that can cater only for a limited number are difficult to run financially. All the more power to their elbow, then, if they thrive – as they so often do, thanks to the tremendous goodwill of all their supporters.

Many current projects for new Cheshire Homes were mentioned last time. One that hasn't yet been noticed is the Hertfordshire venture. Mrs. Donovan, better known perhaps to many as Betty Clarke, Matron of Le Court for six years, has, with her husband Leslie Donovan, been instrumental in keeping interest alive in that county since they married and settled down there in 1962. As the result of a Meeting held last Autumn, there is now a Steering Committee for a Hertfordshire Cheshire Home. We are delighted to hear that Lady Bowes-Lyon, whose husband, the late Sir David Bowes-Lyon, was Lord Lieutenant of the county for some years, has agreed to be their Patron. We wish them all success in their endeavours.

The sudden death of Mr. T. R. Evans, Chairman of the Dolywern Home, at the beginning of March was sad news for many. He had been attending an Area Conference of the Welsh Homes at Danybryn, near Cardiff, and died in the evening

# People & PLACES

**A round up of topical items about interesting people, and places of note by the Roving Reporter.**

of 5th March at his hotel. He will be much missed.

Among recent welcome visitors at Market Mews have been Mr. George Reid Herrick, Chairman of Holme Lodge, Nottingham; Mr. F. E. Biller, Honorary Treasurer of Spofforth Hall, Yorkshire; and Mr. Gowan, a member of the Carnsalloch (Dumfries) Management Committee, and a regular attendee at the Annual Conferences.

Miss E. Evans – known to all as 'C.D.' – has, alas, decided to retire from our Market Mews office, after many years of devoted work. A special note on her appears elsewhere in this issue. She has moved into a cottage at Cavendish, Suffolk, and will continue to help Group Captain Cheshire, who lives with his wife, Sue Ryder, at the nearby Old Rectory. We wish 'C.D.' every happiness.

Captain Andrew Duncan recently returned from Kenya, and reported on the 'marriage' between the Committees of the Nairobi Cheshire Home (now being built), and that of the Amani Home. The latter Home was started about three years ago, and at first took in mainly the dying; later, a number of young people, including children, have been admitted. All are living together, and there is very little, if anything, being done in the way of rehabilitation.

When the new Cheshire Home comes into being, another wing, separate from the rest, will be built for the children, and since the Home is in the grounds of an Orthopaedic and Physiotherapy Hospital, this will make rehabilitation that much easier.

I have news of another joint venture, this time in Chile. A very influential woman in Santiago, who had wanted to run a Home for cancer sufferers, has now linked up with the Steering Committee in the City that was formed to start a Cheshire Home there. They are now collaborating in drawing up the statutes of a joint enterprise, which will be for the chronic sick in general in the area. A house, which has about 40 rooms, has already been promised them by the Government. Mrs. Joan Richardson, wife of the Chairman, Nitrate Corporation of Chile, has recently returned



from Santiago, having done a lot of spadework to get things moving.

There is news also from a variety of other points around the world. I cannot do more at the moment than briefly itemise them here, but as each venture develops, its progress will be noted from time to time in the *Smile*.

Permission has just been received from the Ministry of Health in Rabat to start a Cheshire Home in Marrakesh, Morocco.

### Sir Ernest Gowers

The death of Sir Ernest Gowers on 17th April at the age of 85 takes away the great reformer of Civil Service jargon and the frequent Chairman of Government Committees that all the obituaries have been describing at length. But, of more immediate interest to readers of this journal, is the fact that by his death the Cheshire Foundation has lost a very sincere friend.

Sir Ernest joined the Le Court Management Committee in October 1956, and six months later became its Chairman, remaining so for three years. He would probably not have wished to retire from the Committee in March 1960 but for his advancing age and declining health. As Chairman, he kept himself informed of all aspects of life in the Home, and was a very familiar face there. He was held in great affection at Le Court, as is his daughter, Peggy (who has been one of the most loyally constant 'slaves' at the Home for the last nine or ten years). Le Court mourns with the family. A party from the Home went to the funeral at Trotton, not far away on 22nd April.

### Self-determination

Reproduced from 'Social Service Quarterly', Spring, 1966.

A recent article in the *Local Government Chronicle* drew attention to the need for privacy in homes for old people. The same thing applies to other adults; for instance, the handicapped who are receiving some form of institutional care. Whilst it is true that a great deal has been done recently, both by statutory authorities and voluntary agencies, to transform dormitory and shared accommodation into single rooms, and to ensure reasonable freedom of

An interim Committee has been formed for a Home at Kuching, Sarawak, and the Group Captain is calling there in May on his way back from Australia.

Colonel Nigel Watson is at present in Jamaica, and hopes to start a Home at Mandeville, about 60 miles from Kingston. A new Steering Committee has been formed, and there appears to be a great deal of interest and support. Colonel Watson last visited Jamaica in February 1964.

movement, there still seems to be a long way to go before residents are given a real measure of self-determination, and are allowed to take regular part in discussions about amenities.

No one would want to suggest that residents could assume responsibility for major administrative decisions, but there must be many domestic matters involving their comfort and sense of belonging, in which the decisions of the done-by are as important as those of the doers.

### Information for the Disabled

The Disabled Living Activities Group of the Central Council for the Disabled has just launched a new 'Information Service for the Disabled' at 39 Victoria Street, London S.W.1. The service is free, and people can make enquiries by letter, telephone, or personal call (the latter by appointment). Virtually every aspect of physical handicap (e.g. educational facilities, social centres, holidays, work prospects, except diagnosis and treatment,) will be dealt with. This service depends entirely on voluntary contributions or grants.

### Kenya

The official opening of the Likoni Cheshire Home, Mombasa, took place on Saturday 16th April.

We are all very busy here. Our Red Feather Day turned out to be great fun, and the feathers added colour to the already colourful Mombasa scene. The feathers proved a great favourite with all ages and races.

Mrs. May Cutler has left us, and her place has been taken by our new Wardens, Mr. and Mrs. Corrie, whom we are sure you will join us in welcoming to Likoni.

Mr. Moysey Adams, the Chairman of Greathouse, has also just returned from a visit to Trinidad where he has sown the seeds for a Home.

Miss Eileen Keleher is the new Overseas Secretary at 5 Market Mews. Mrs. Kate Barker has taken on special duties relating to Raphael and general overseas Appeals.

The cool wet season is upon us again. It is nice to see the grass looking that much greener, but unfortunately the minor roads become very difficult, as the East African Safari drivers this year have discovered.

Our new ward, built by the Lions International, will be opened shortly, and this will of course mean space for more patients.

### Uganda

Captain Andrew Duncan was in East Africa recently and visited the two prospective Homes, near Kampala (for crippled children), and near Jinja (for burnt-out leprosy patients). He found the Committees confronted with the usual preliminary problems met by all new Homes, but it seems that building will start very shortly. 'The site near Kampala is particularly delightful', says Captain Duncan. 'It is on Mission land only two minutes from the centre of Kampala itself with a view over the city. It will have a school over the road, and strangely enough be next to a 'Save the Children' collection centre'.

We understand that there is a possibility of a third Uganda Home at Tororo. A Dutch Mill Hill Father running a 'bush parish' near Tororo heard of the plans for the Kampala Home. Having many such children in his region, he went back to Holland on leave, and collected nearly £1,000 in three hours by running a Bring and Buy Auction in his home town of Edam. Returning to Africa, Father Molenaar has now aroused much interest in Tororo itself which has a population of only 30,000. Following a visit by Captain Duncan, who showed the Pathfinder film, the local (R.C.) bishop has offered a choice of three excellent sites.



## Matrons' Conference

This year, the Conference was held at Dolywern, in March, by the kind invitation of the Management Committee. The home is set in a narrow valley in the Welsh hills, with a sparkling tributary of the River Dee running through the grounds. Most people had travelled a considerable distance, and it was very encouraging that the number of homes represented had increased considerably, after our small beginning last year.

The Conference opened with a formal welcome by the new Chairman of the Dolywern Management Committee, Mrs. D. M. Jardine of Shrewsbury. We were then entertained to dinner by Members of the Committee, and we would like to express our appreciation to the member of the staff who volunteered to cook such a delicious meal, at very short notice, due to the illness of the Cook.

The first period for discussion commenced at 9.0 a.m., the following morning,

when we considered — 1. Matron's responsibility as mother of the family (residents and staff); Understanding and wisdom of sensible discipline. 2. General Nursing routine. After a short break for Coffee, the second session covered a wide range of subjects, including Mental health and happiness; real family living together; spiritual needs and Religious Services; Fire Drill and precautions.

In the afternoon Dr. W. B. Aylmer Lewis, the first Chairman of the home, took the chair at the open meeting, and welcomed Miss Hilda Moore, the Cheshire Foundation Tutor/Administrator of the new training Corps. Miss Moore gave a most interesting talk on what has been accomplished to date, and then outlined her plans for the future, and the Aims and Purpose of the Corps, including the recruitment of students, type of training and subjects to be covered; opportunities after training both in England and countries abroad. We had

all appreciated having Miss Moore with us throughout the whole Conference.

It had been an enjoyable and valuable time together and, though each home is different, and each Matron's approach to the common problems may be different, there was full agreement on the need for a real home life, with a true understanding of the temperaments and needs of each individual, and for wise and kindly discipline, to enable the residents to live and work together in harmony, and due consideration for one another.

The next Conference will take place on the 14th and 15th March, 1967, and may be held in London.

The Matrons would like to express their thanks to the Management Committee for their hospitality; to the Staff and Residents of Dolywern, for their kindness and interest, and for all they did to make the Conference a success.

## Break-through by the M.S. Society

The Spring issue of the M.S. News contains an item of far-reaching importance. The Society is conducting a survey of opinion and need amongst all its members, both disabled and able bodied. A questionnaire has been circulated aimed at establishing facts and figures on which policies and plans for the future can be firmly based. In addition to asking about ages, the length of time members have had M.S., and so on (some of this information may also be of use for research into the cause of the disease), the survey is trying to find out how many people could remain outside hospitals and institutions, given more financial and other help at home.

However, most of the questions refer to a Suggestion put up by the Society.

'It is suggested that the needs of badly handicapped people will best be met by a new type of Community Establishment. There would be one or more such Establishments to each heavily populated area. The Establishment would be situated in pleasant surroundings, not too far out of

town. Each Establishment would include:

(a) *A Day-Care Centre.* The Day-care centre would ideally include on the premises a hydrotherapy unit, facilities for physiotherapy and occupational therapy in rooms of special design, and the services of chiropody and hairdressing. Visiting specialists would attend to these services as necessary. The Day-care centre would be available both to those living in Residential Units (see below) and to those living at home who would like to come daily (or less frequently) in order to give relief to fit partners during the day: such partners would then be free to resume employment or simply to get on more easily with household tasks. The Day-care centre would have a canteen and one or more lounges of club-like atmosphere. There would be a qualified supervisor, and helpers.

(b) *Residential Units.* Each Day-care centre would have attached to it, or nearby, residential units of differing sizes where the more badly handicapped could

live, either alone, with partner, or with family. Some of the residential units would be entirely self-contained, with own bathroom and kitchen, either as flats or bungalows, and other units would be individual rooms for more advanced cases, or small 2-3 bedrooms for those not wishing to be alone. At all times nursing/helping staff would be on call to help with bathing, dressing, lifting, incontinence, and so on. These residential units would be purpose-built, specially designed for handicapped people.'

This proposal is an exciting new concept in integrated welfare provisions for the severely disabled. But more important than the excellence of the suggestion itself are the implications of the way the M.S. Society is attempting to find out its members' needs and opinions. It is not just a question of using modern sociological methods to assess the kind and extent of a need before committing its resources, though this is a great advance in itself: (continued on Page 21)



# Residential Care

**G. W. B. Chambers, F.I.S.W.  
County Welfare Officer, Derbyshire  
County Council**

*A Paper delivered at the International Seminar at Oxford in July 1965, organised by the British Council for Rehabilitation of the Disabled, and reported in their journal, 'Rehabilitation'.*

The following is a recommendation (No. 34) in the Elfed Thomas Report on the Handicapped School Leaver which I consider is most appropriate as the theme of this paper:

"That Local Authorities acting together where appropriate and in co-operation with the Voluntary Organisations, be requested as a matter of urgency to consider every means of increasing the accommodation available for seriously handicapped persons in need of residential care, whether or not they are capable of work or training and whatever the prognosis".

The term 'accommodation' in its broadest sense includes hospitals, adapted accommodation in ordinary houses, sheltered housing schemes, flats or hostels.

Within the wide groups needing residential care there are certain broad distinctions – those who need permanent hospital care – those who are mobile (if only in chairs) – those who have a limited power of movement within the home – the bed-bound – those dependent for the simplest needs but not necessarily needing hospital care – those who can work in open industry, and sheltered employment or in a workshop attached to a home – those capable only of simple occupations to fill in their time and perhaps earn pocket money.

These are the people for whom accommodation is needed. To some degree, the responsibility is shared by the Hospital Boards and the Local Authorities, whilst Voluntary Organisations can co-operate with either or both.

I do not know enough to refer at length to hospital provision, although it is common knowledge that in the care of the young chronic disabled – and 'young', so far as the Sheffield Regional Hospital Board is concerned, is under 45 years of age – most Boards through their Management Committees have endeavoured to transfer such people to selected hospitals, whilst those who refuse to go become patients in a busy general ward, where there is always a change-over of patients so that they constantly make fresh contacts.

It is understood that a report of a survey undertaken by the Ministry of Health about the young chronic sick will shortly be published.

Nowadays, it is the accepted view that the handicapped person, either child or adult, shall live in the community, and preferably in a family, provided they can cope. But perpetual care can prove a strain. Affection leads to over-protection and independence suffers. Inevitably, the time arrives when other arrangements have to be made.

It is often at this stage that Welfare Authorities are confronted with the problem of dealing with someone who is virtually homeless, and in need of care and attention – but not hospital care. Because so few have been able to provide varied types of establishments to meet particular needs, the choice lies between providing a bed in a Home used primarily for the elderly, or else approaching a Voluntary Organisation.

The first report of the Ministry of Health on Local Authorities Ten-Year Plans ('Community Care') drew the attention of Authorities to the need for making special provision for the seriously handicapped. The report 'Development of Community Care' (1973) shows throughout the country 2425 places being provided for the physically handicapped, and only 11 new Homes providing 322 places are

shown as planned for the next ten years.

Residential Homes for the handicapped have been provided in many different forms. Whilst a few of the major Authorities have made such provision, by far the greatest number have come into existence through Voluntary Organisations.

But there exists a difficulty. Most Voluntary Organisations are only concerned with those suffering from a particular disability, which is understandable since their funds have been raised for that purpose.

It does appear that most Voluntary Organisations are reluctant to accept people above the 40 age-group, yet the number involved is likely to increase. With increasing medical care, more people are living to middle age, and this is the time of life when parents who have undertaken the care of their handicapped children, are likely to become incapacitated or to die. How welcome it would be if voluntary bodies varied their present policies, and accepted into the Homes a few handicapped suffering from other disabilities. This would tend to create a more mixed community.

It is noticeable that the Residential Homes most sought after are those which provide, apart from lodging and daily care, an occupation or work centre. We who work are recognised and accepted by the community, and we thus have some measure of security and become part of society. The handicapped person, however, living in a residential Home, and consequently in a sheltered environment, is thus to some extent isolated from the community at large. He simply fits into the social organisation of the Home.

But introduce an occupation centre, preferably one with a commercial interest, and by degrees the individual thinks less of his disability and more of himself as a worker, upon whom society comes to depend. He is taught how to live in spite of his handicaps, and indeed with them.



There is an urgent need for Local Authorities to pay more heed to the needs of the multiple handicapped children being educated in special schools during the period they are at home. Their existence can create a critical and often disastrous state of affairs.

There may be a need for alterations to the house in which the family live, the loan of some aids and appliances, e.g. a lifting hoist, and some form of occupation and recuperation.

A shrewd guess is that the average handicapped child longs to get back to school, where he has company and other amenities, such as toys, books, and the like.

What is to happen to these children when they have to leave school, and, because of their disabilities, there is a very poor prospect of employment, either in open or sheltered industry?

The Elfed Thomas Report, on page 87, 'Calls attention to the quite serious deficiencies in the provision of residential care for severely handicapped young people, particularly those suffering also from other defects. The plight in which many of these youngsters find themselves is deplorable, and we feel justified in calling for urgent action to relieve the situation'.

When such children reach school-leaving age, there is often the alternative of either remaining at home or living away. This presents a problem to the child's medical attendant and a social worker to decide the best course to advocate. Besides the well-being of the individual, some consideration must also be given to the cost to the Exchequer and to the local rates, which may well have to contribute, between them, £400-£500 per annum.

Should the criteria be that if the individual would benefit from rehabilitation or training, which might lead to independence, then living away from home is the only answer? That is, except in the few instances where the individual can live at home, and can travel daily to a local training or occupation centre situated nearby.

I expect Mr. Powell will deal with this aspect in his talk on domiciliary services, thus my reference is a passing one.

In the time at my disposal it is not

possible to do more than quote a few examples illustrating the different types of provision which have been made by Local Authorities and Voluntary Organisations.

A consortium of Authorities, comprising Norwich, Suffolk and Cambridgeshire, have provided in Norwich specially designed accommodation for some 30 young infirm of both sexes.

Birmingham has built at Edgbaston a Hostel for 70, known as The Beeches. Within the curtilage of the site is a work centre, which is also used by blind, elderly, and other handicapped people who can conveniently reach it from their own homes. There are also some bungalows tenanted by handicapped persons who, whilst living independently, have the use of the facilities of the work centre, and can join in the social activities organised at the Hostel.

Leeds, too, has a Hostel, mainly for epileptics. What a boon it must be to that Authority, and those who use it, because they are not so selective. So many Voluntary Organisations ban epileptics as they do incontinentes.

Lancashire and Essex County Councils have both provided Homes for 40.

Examples of Voluntary Organisations administering Homes or Centres are:

- The Shaftesbury Society
- John Groom Crippleage
- Botton Hall, Danby
- Dorincourt Estates
- School of Stitchery and Lace
- Portland Training College
- Lord Mayor Treloar Trust Fund

There is a possibility of establishing a Centre for 60 men and women, with special accommodation and work facilities in Basingstoke.

Recuperative holidays are much needed by the handicapped as well as those with whom they live.

The British Polio Fellowship have a Hotel at St. Annes-on-Sea. At Gorleston each September a Holiday Camp is used by several Voluntary Organisations for a holiday. The Miners' Welfare Holiday Centre at Skegness offers similar facilities.

In Buxton, Derbyshire, the British Red Cross Society have a Home named after Evelyn Devonshire; the Home is used for short-stay cases.

The Central Council for the Disabled

publishes a list of holiday addresses of various forms of accommodation suitable for handicapped people.

#### *Conclusion*

At the present time it is difficult even to hazard a guess of how large the problem is of providing residential accommodation for the handicapped, and in what form, and with what facilities.

Does the answer lie with a conventional type of home, or with a series of specialised housing units, or with some quite revolutionary design? It is considered that too little research has been done in this field, and as yet not sufficient experience has been gained by Local Authorities.

So far as Local Authorities are concerned it is doubtful whether numbers would warrant a special provision being made in areas where the population is less than a  $\frac{1}{4}$  million or so. It would seem that adjacent Authorities must combine to plan joint schemes.

Voluntary Organisations have established so many different Homes, which have enjoyed without exception local support. Would it not be worthy of consideration to investigate to what extent their accommodation and facilities could be increased, with financial help from Local Authorities, and/or utilisation of charitable funds which might be released with the authority of the Charity Commissioners?

There is a great need for closer liaison with Voluntary Organisations particularly at national level, and one wonders how this can be achieved. It is considered that Voluntary Organisations are often in a better position to provide all services.

Portland Training College besides having training facilities and hostel, has now introduced a sheltered workshop. Whilst the project has been financed from voluntary funds, support came also from Nottinghamshire and neighbouring Authorities in supplementing the earnings of the workers.

How right is the recommendation of the Elfed Thomas Committee to which reference has been previously made - Local Authorities, often together where appropriate, and also with Regional Hospital Boards, and in co-operation with Voluntary Organisations, should consider every means of increasing accommodation for the handicapped.



(Ed. We have learnt with regret that Mr. Chambers died soon after delivering the excellent Paper above at Oxford last year.

It would seem to be only just to the Cheshire Foundation Homes that I should call attention, in an appendix to Mr. Chambers's talk, to their work, and the efforts of the many people upon whom

they depend.

The Cheshire Homes were in the vanguard of the movement to provide suitable homely residential care for severely and permanently handicapped men and women, irrespective of the origin of the handicap. We now have 1,000 such people in our 40-odd establishments in the U.K. The

fact that the speaker did not use our movement to illustrate his talk is perhaps due to our past reluctance to publicise our work, and maybe also to our lack of co-operation with other statutory and voluntary bodies — the sort of co-operation that Mr. Chambers, in his speech, was strongly urging on all in this field.)

## Housing the Severely Disabled

*Extracts from the Report of a Meeting held at Church House, Westminster, on 25th October 1965. The Meeting, which had been convened primarily through the initiative of Mr. Duncan Guthrie of the National Fund for Research into Poliomyelitis and Other Crippling Diseases, was opened by Field Marshal Lord Harding, and Sir George Haynes was in the Chair.*

Mr. Duncan Guthrie described how he had visited the flats at Hans Knudsenplatz in Copenhagen several years ago. He had been so impressed with them that he hoped they could be copied in this country. For those who did not know of these flats he explained that they consisted of a block of some 170 flats, of which the majority are for ambulant disabled, men or women who live a normal life but need the little extra space for wheelchairs or other special facilities; and some 14 are for severely disabled, chiefly respiratory polio cases. The feature which impressed him most was that the able-bodied spouse, or the able-bodied parent or child, was enabled to look after the disabled member of the family, and he could see no reason why the British Government should not make it possible in this country too.

Mr. Duncan Guthrie explained that he had realised that housing of this kind was useless if people could not afford to live in it, as was the case at present. He had been discouraged by official platitudes, but there had recently been a spreading interest in the subject.

Seriously disabled people were being obliged to live in hospital although he could think of no group in the community who should more obviously be living at

home within the family circle. The hospital did not want them, preferring to be able to use their limited number of beds for patients they could cure, discharge and replace with more to be cured, rather than have them occupied by long-term disabled for whom they could do nothing but provide custodial care. It would be vastly more economic if arrangements were made to enable these people to live with their families rather than be cared for in state institutions of any kind.

We should remember that we are helping nobody if we segregate people, because of their disability, from the rest of society, all we would be doing would be setting up ghettos for the disabled. What we must do is integrate them, so that they can live with their families, next door to their able-bodied neighbours. Thus, family life, which Mr. Guthrie was sure was the most important part of our civilization and the culture we know today, could continue in every sense.

Mr. Dickson, Chairman of the Chelsea Labour Party Committee for the Chronic Sick, pointed out that, from the statistics that had been circulated, it was clear that different Regional Boards institutionalised their chronic sick in different ways, but all were agreed that, where medically possible, the right place for the young was in their own homes.

He pointed out the absurdity of the situation where the allowance for a disabled person who is able to live at home was £4 a week, while the cost in hospital was £45.

Mr. Dickson wondered on what scale an allowance in lieu of constant attendance could be granted. His view was that in

London it could not be less than £15 a week.

He pointed out that the number of young chronic sick was unknown, the only figures available being for those in geriatric units and contractual beds. It was hoped it would be possible to obtain the necessary information through the local authorities, not forgetting the District Nurses, and through the voluntary societies.

There are 1,644 housing authorities in England and Scotland. It would be unrealistic to expect all of them to understand the problems of the young chronic sick. It was essential to be able to say to every local authority, whether or not it had any social conscience itself, 'This is the number of young chronic sick in your area. These are their requirements.' He wondered how many local authorities knew of the short document S4/64 of the Ministry of Housing and Local Government. This set out the architectural requirements for basic accommodation for bedridden patients at rents to be kept within the breadwinner's capacity to pay.

Mrs. Megan Du Boisson introduced the Disablement Incomes Group (D.I.G.). She asked the organisations which had useful information to send it to her.

Mrs. Stacey, National Welfare Officer of the British Polio Fellowship, said that, instead of producing lists of people who need constant attendance, we should look to the local authorities to acknowledge their responsibility for the care of the disabled. Some local authorities have said to the Central Government that the magnitude of the problem is too much for them.

She went on to say that if enough pressure had been put on local authorities, they



would by now have protested to the Government, and the Government would have had to take over the care of the disabled.

The next thing was uniformity for all who required constant attendance. We all had looked at Service allowances, and knew that other people much more handicapped were getting nothing or practically nothing. Again, if individuals were given cash they could employ those whom they knew and got on with, recruiting this manpower from sources which would not affect others.

Mrs. Stacey summed up by saying that if sufficient justified pressure had been exerted by those entrusted with the welfare of the disabled, the present system would have been forced to breaking point a long time ago. 'It is not a problem that is insoluble, but a problem that the Government has not faced up to adequately. It is for us, through the right approach, to show the Government the way to tackle this problem'.

Mr. Bentley thought that Mr. Guthrie had got to the hard core of the problem — how to jump the queue. Mr. Guthrie has plans for dovetailing all the experience in this room, and bringing new pressure on the Government. Twenty years ago, a senior official of the Ministry of Health said to me 'Never forget that in a democracy you only get things by persistent pressure on the Government from all sorts of quarters, and it should be trained, guided and disciplined.'

Mr. Bowstead represented the Edinburgh Committee for the Co-ordination of Services for the Disabled which, although established only in 1963, had prepared a register of all the disabled in Edinburgh, showing the disability and needs of each person. It was also advocating the most effective use of houses specially suitable

for the old and the disabled. All the voluntary bodies in and around Edinburgh were represented on the Edinburgh Crippled Aid Society.

Mr. A. C. Waine, Multiple Sclerosis Society, reminded the Meeting that approximately 50 per cent of all young chronic sick in this country suffered from multiple sclerosis.

Miss Warburton pointed out that since 1949 it had been compulsory for local authorities to provide services for the physically handicapped under Section 29 of the National Assistance Act. The great difficulty was that services could not be provided unless a person asked for them, and most physically handicapped are not prepared to register.

Mr. D. Powell, British Polio Fellowship, told the Meeting that his society had carried out a survey through its membership, and had been able to present facts to the Minister. The Minister, however, had replied that the local authorities' powers were permissive, and the difficulty was the availability of resources, especially manpower. The B.P.F. felt that pressure should be brought to bear on the local authorities, who would then ask Parliament to produce a uniform method of dealing with the problem.

The Chairman asked what the next step should be. There had been differences of opinion expressed, but all were agreed that radical changes had to be made. The present Meeting was entirely ad hoc, the initiative being taken by Mr. Guthrie, but there were several influential organisations represented. It might be useful to set up a Working Party to reflect on what had been said.

The Hon. John Astor, M.P. said that, although he was not connected with any organisation represented at the Meeting,

he had a great interest in the problem. It was clear that everybody wanted to go in the same direction, and he would like formally to move that:

**this Meeting set up a Working Party to prepare a statement based on today's Meeting, so that a meeting could be sought with the appropriate Minister or Ministers.**

The Chairman pointed out that if such a Working Party were to be set up it should be responsible to some body.

Mr. Duncan Guthrie said that he could provide secretarial help, but that he felt the Working Party should be responsible to the Central Council for the Disabled. This was generally acceptable, and the resolution was carried unanimously.

*(The letter from Mr. Duncan Guthrie which we publish below has come as a direct result of the above Resolution)*

#### **Independent living for the disabled—**

Dear Sir,

A Working Party, whose members represent national organisations concerned with the disabled, has been set up to examine the problem of enabling severely disabled patients to leave hospital when there is no longer a medical reason for them to remain in hospital. Anyone who would like his or her views brought to the attention of the Working Party is invited to write to me, as secretary, at:

The National Fund for Research into Poliomyelitis & Other Crippling Diseases,

Vincent House,

Vincent Square,

London, S.W.1.

*Duncan Guthrie*



# Heatherley—First Six Years

By Rosa I. Searle

Shortly after the last war, a young couple, Dr. Rowland Farrell and his wife, took up residence in Sussex. Full of vigour and optimism, the young doctor joined a practice in the town of Crawley. Within a very few years, fate struck them both a very cruel blow, when the doctor became a victim of multiple sclerosis — a disease that has played havoc with many young people's lives.

After a wearing period of anxiety, various treatments, and much frustration the doctor was offered a holiday in a Cheshire Home. This he accepted, and during the visit the doctor's medical knowledge proved a great asset to both staff and residents. He subsequently became the Welfare Officer for the Cheshire Foundation, until his retirement last year.

Other visits to Cheshire Homes followed, and during this time, his wife, Mrs. Pamela Farrell, became acutely aware of the tremendous need for these Homes. She became inspired with the determination to start a Home in Sussex.

Her first public appeal was on 1st June, 1960, at Crawley Carnival. She had a stall there, and the proceeds of this effort went to start a fund for a Cheshire Home. Later that year, a public meeting was held which met with a wonderful response, and the offer of a very generous loan. The success of this meeting encouraged Mrs. Farrell in her efforts to obtain a mortgage, and by the turn of the year they had possession of a rather bleak Edwardian house on the edge of Copthorne Common.

With a stupendous amount of voluntary help, and hard work, and untold generosity and enthusiasm, the house was made ready. It was opened to receive thirteen young disabled residents on 1st May,

1961. So Heatherley Cheshire Home came into being.

During the next twelve months, a large L-shaped extension was built out from the south side of the old house. This wing contained a small chapel, bedrooms, each accommodating four residents, night kitchen, linen room, bathrooms, toilets, etc., plus a lovely lounge-cum-dining room — all on one level to conform with the needs of eighteen men and twenty women.

This was opened on 1st June, 1962. But it was very soon discovered that the beautiful lounge-cum-dining room was quite inadequate as a dining room for 38 people seated in dissimilar shapes and sizes of wheelchairs. It was felt that a special appeal should be launched for funds to build a larger dining room. Eventually, the larger dining room came into being, sited at the back of the house, near the kitchen, which was modernised about the same time.

The family arranged for a Party to be given on 11th May, 1963, for the members of the Management Committee, Staff, and Friends of Heatherley, to commemorate the opening of this new dining room.

From the early days, a wooden building known as 'The Ark', standing at the top of the garden quite a distance from the main building, had been used as an occupational therapy room. The first winter revealed the drawbacks of this scheme. Practically all the residents required pushing to and from the 'Ark' in all weathers, and it was also found impossible to keep the place warm enough for disabled people to work in.

This predicament, coupled with the lack of facilities for physiotherapy, resulted in another appeal being started. There was an undeveloped plan to build on another room for these amenities at the other side of the

old house.

It happened, however, that Mrs. E. G. Kleinwort of Haywards Heath phoned Mrs. Farrell with a request to look over the Home. Our Chairman, whilst acting as guide to her guest, talked about the various plans for the family's welfare in the future. This meeting fostered a further interest, and, at a later date, Mr. Kleinwort too asked to come and look over Heatherley.

Following these meetings, an offer was made by the Ernest Kleinwort Charitable Foundation to finance the building of a new wing, which was to contain all the essential conveniences necessary to complete the Home. This wonderful offer was accepted with heartfelt gratitude.

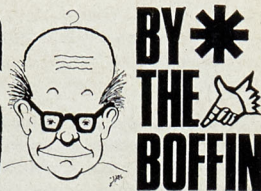
The building of the new wing started last year. Everybody had watched with interest the erection of a large brick construction, which adjoins the north end of the old house. It will comprise six bed-sitting rooms for staff, and rooms for offices, stores, hairdressing, laundry, ironing and airing. Extending from this building is a physiotherapy unit, a large hobbies room, and toilets. During this same period, a quiet room has also been built onto the end of the dining room. Local groups of Friends of Heatherley have undertaken to furnish several of these rooms.

Everyone who has helped or contributed towards bringing the new wing to completion has received an invitation to attend the Official Opening by Mrs. Kleinwort on 1st May, 1966. The new extension is to be known as the Kleinwort Wing.

On the following week-end, the Kleinwort Wing will be opened for our many friends and voluntary workers to view and admire. Heatherley Cheshire Home will be complete, after only six years of enthusiastic and enterprising work.



# PRACTICALITIES



## Functional Fashions for the Handicapped

'There is no reason why people in wheelchairs shouldn't be well dressed!' says Helen Cookman, Executive Director of the Clothing Research and Development Foundation in New York. 'After all, your taste doesn't change just because you happen to be disabled'.

Since 1957, Helen Cookman has been devoting all her time to this research. Demonstration showings of her pilot collection of 'Functional Fashions', and the press editorials resulting from them, revealed an overwhelming need for the manufacture and merchandising of these clothes. Over 30,000 people and 700 organisations asked where the clothes could be purchased.

'The standards of "Functional Fashions" aren't really so different from normal styles. Everyone wants ease of motion and a minimum of trouble in getting in and out of things'.

'Functional Fashions' appeal to anyone, whether handicapped or not. For the handicapped, however, this is a significant psychological benefit. Being able to wear the same fashions worn by non-handicapped people strengthens their sense of belonging, of not being set apart.

Efforts are being made to make 'Functional Fashions' available in the U.S. at all price levels, for men, women and children.

## Velcro

Velcro, an overlapping fastener with a simple touch and close action, is an easy form of fastening for the disabled, particularly those with limitations of hand or arm function, and also for those who have to dress severely disabled people. It is a safe and reliable form of fastening that cannot rust or jam, and will withstand constant home laundering, ironing (in the closed position) and dry cleaning.

*In this country, information on specific*

*items of clothing and equipment for the handicapped is obtainable from the Disabled Living Activities Group of the Central Council for the Disabled, 39 Victoria Street, London S.W.1.*

## Specialised Equipment

*Reproduced from the Le Court Newsletter.* Each time one goes into the newly-enlarged Le Court workshop these days there's some new piece of gadgetry to be seen. Brian Line is fast qualifying for the title of Most Gadgeted Resident. He sits in his corner of the painting room, his right arm supported by an articulated rocker (Mary Marborough Lodge, Oxford), painting maps on his adjustable table (H.M.S. Collingwood and John Jaromy), his spare brushes on a wooden rest, his materials in an easily opened drawer (Alan Hill).

Iris Chant's set-up for painting table mats is almost as ingenious. She has a turntable, for painting, attached to her bench; narrow shelves to hold mats between the different processes; a drying cabinet where they can harden free of dust; a similar brush holder and drawer to Brian's (all Alan Hill).

Now Bob Simmonds can work despite his weakened hand because of a bench which he drives under, in his electric chair, and then lets down at an angle. Cut-outs in the bench for his arms give them support, and he can wedge soft toys on one side of the bench, and put in the stuffing with the other hand. He and Pat Collison are going into joint production, she sewing and he stuffing the soft toys.

Next door, in the sewing room, Tonette Edwards has been in operation for some months with her own electric machine. Now Sylvia Hunt is fitted up. She can use a new electric sewing machine, very kindly given by Mrs. G. E. Stretton of Bourne-mouth. Working it with her foot, and leaving her hands free. Alan has made her a lock-up cupboard on castors which she can tow

between there and her own room, and work independently in either. The cupboard is so clever an invention that it's difficult to describe without diagrams, but at the top is a sliding drawer with compartments for cottons and other sewing materials, below that is another deeper drawer, and below that again a deeper drawer still. The bottom drawer can be clicked down on to the castors, enabling quite heavy things to be moved in it.

These highly specialised and custom-built gadgets are like a key which opens the door to undreamt-of-abilities.

## Which is Your Chair?

Probably every wheelchair-user has, at some time, been asked that question. It always arises when a number of wheelchairs are stowed together for a time (e.g. in a coach for a journey), and then have to be sorted out. So many chairs are almost identical, and even when they are not, it is difficult for a disabled person to describe his own vehicle sufficiently clearly, sometimes to a complete stranger, for it to be easily picked out of a whole collection. It is usually quite a headache, especially for those organising outings for groups of disabled.

Several people have recently suggested the use of Dymo Labelmakers, by which labels are made by a small hand-machine, and fixed to the side of a wheelchair, thus making it easy to find amongst a mass of others. The labels are clear, but inconspicuous, and the Dymo Labelmaker is obtainable, in three sizes, the largest costing about £5 or £6, from most stationers. Of course, the machine will provide instant labelling for 1001 different purposes besides wheelchair identification.

The labelmaker tapes in a variety of colours, and comes in magazines containing 72 inches of vinyl sticky tape. To use the machine you dial the letters one by one,



squeeze the handle, and the words come out white against a coloured background. You cut off your label, remove the protective backing, and simply affix it wherever you want.

### Falling Trousers

A reader sends us the following: 'We have thought of an idea for the man whose trousers fall down when he gets up from the lavatory seat. My husband was particularly touched by this problem. He suggests a sort of temporary braces, which could be about twice as long as the ordinary kind, and could be fastened to the garments before sitting down and detached after rising. But he speaks from the point of

view of the able-bodied, and I am in no position to comment myself.'

Another correspondent has an alternative suggestion. She writes: 'Take two pieces of tape of suitable length (some might prefer elastic), and four strong safety pins. Sew a safety pin to each end of the tapes. Fasten one tape by one safety pin to each side of the trousers, inside. Leave the other end to dangle. When the trousers need controlling, fasten the free safety pin to a good bunch of shirt and vest on each side, and hope it will do the trick.'

### Handbooks

*Equipment for Physical Medicine and Rehabilitation*

We have recently received from Messrs. Carters (J. & A.) Limited, 65 Wigmore Street, London W.1., their latest catalogue, which is an extremely comprehensive and useful handbook of equipment for the disabled.

For easy reference, the catalogue is divided into sections under the headings - Furniture, Mobile Equipment, Exercise Equipment, Self-help, Traction, Children's Items, and Miscellaneous.

### Owner's Manual

Messrs. Zimmer Orthopaedic Limited, Bridgend, Glamorgan, have just published this Manual for the care and use of Everest and Jennings wheelchairs.

## Patience Rewarded

### New Home for Sheffield

'Patience is a virtue', and the Sheffield Cheshire Home Steering Committee, jointly with its support groups, searching almost five years for a suitable home, experienced this test of time.

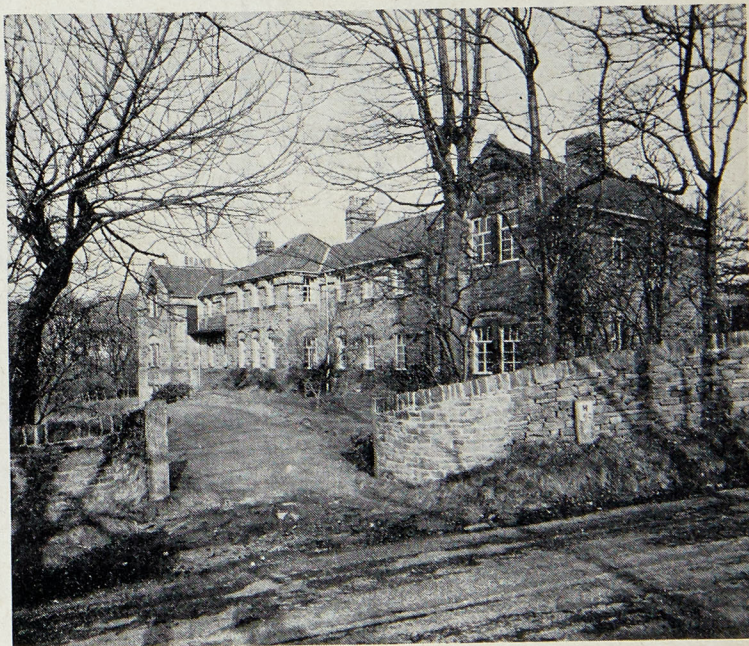
The search however, has now been rewarded and our Chairman, Mr. H. H. Flint, finalised negotiations for the ideal property situated within six miles of the city centre, but at the gateway to Derbyshire's beautiful countryside.

Cherry Tree Orphanage which has housed and cared for orphans for a century has commenced work on a new building project within striking distance of the old one they are to vacate within the next five months, and the Sheffield Cheshire Homes Management Committee will be planning to move in to Cherry Tree Orphanage to commence operations within a very short time.

The house has two levels, is substantially built, and in its own extensive grounds, overlooks the beautiful Derbyshire moors. It offers the ability to provide accommodation for 30 patients, and room for extensions.

Our funds to date will take care of meeting the cost of the property, but anyone who has had the experience of establishing a Cheshire Home will know

full well that considerable costs will have to be faced in connection with the many modifications that have to be made for handicapped people.



*The new Home for Sheffield situated within six miles of the city centre overlooks the beautiful Derbyshire countryside.*



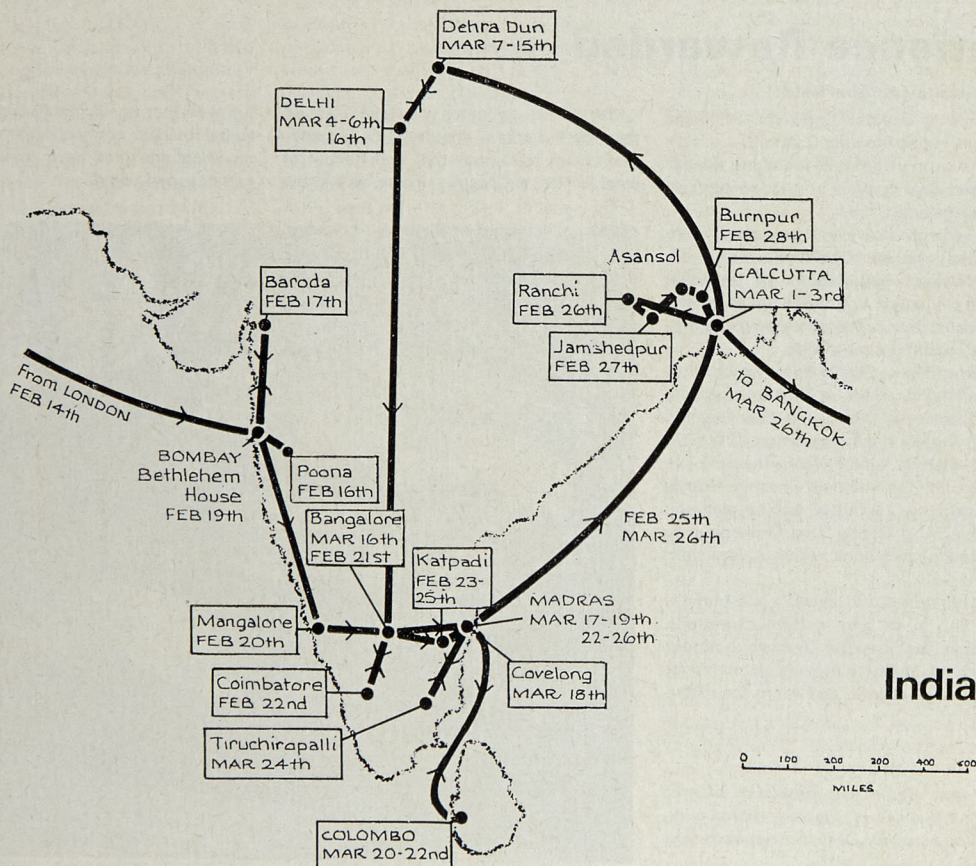
# Group Captain Cheshire visits . . .

During the three months from February to May, the G.C. toured much of Asia and Australasia, paying visits to Cheshire Homes, Support Groups, and Committees of new projects. His journey is shown on the accompanying diagrams. The maps indicate that he stayed several days at various centres, but these periods included visits to many places in the localities.

We know that Cheshire Homes are loth to see him depart after only a day – or sometimes even just part of a day. The G.C.

himself regrets the shortness of his visits, and has often said how sorry he is that he cannot see more of the Homes and stay at them longer. But it will be seen from the maps that if he is to cover all the places to which he is invited these short stays are inevitable.

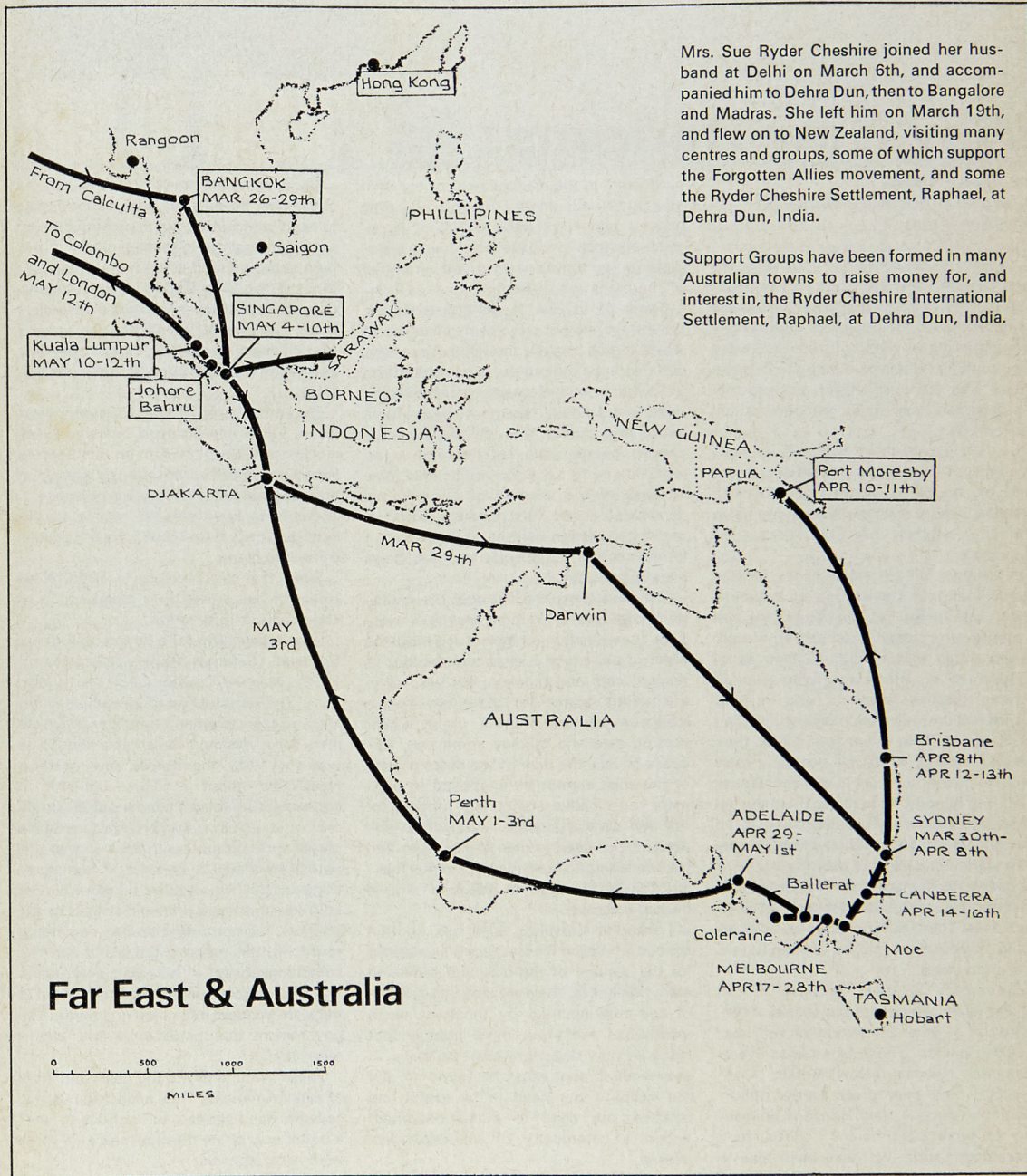
Towns in which, or near which, Cheshire Homes are situated, are shown thus: BARODA



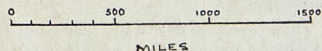


Mrs. Sue Ryder Cheshire joined her husband at Delhi on March 6th, and accompanied him to Dehra Dun, then to Bangalore and Madras. She left him on March 19th, and flew on to New Zealand, visiting many centres and groups, some of which support the Forgotten Allies movement, and some the Ryder Cheshire Settlement, Raphael, at Dehra Dun, India.

Support Groups have been formed in many Australian towns to raise money for, and interest in, the Ryder Cheshire International Settlement, Raphael, at Dehra Dun, India.



## Far East & Australia





# Why New Horizons

By Joan Herman

*A document just received from our American friends.*

I have been asked to tell you why the organisation, New Horizons, in Connecticut, U.S.A., was founded. The reasons are as necessary as the pursuit of happiness – as compelling as the spirit that motivated the founding fathers of our country. Those of us who are hospitalised and severely handicapped have been encouraged by their words:

‘ . . . We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain inalienable rights, that among these are Life, Liberty, and the pursuit of Happiness . . . ’

It is important to restate these familiar words from our Declaration of Independence here today. For, the point of view of the long-term hospitalised person should be measured in the light of their truth. Thousands of Americans who live in chronic disease hospitals and nursing homes feel they have been deprived of their basic rights. They have found that their hospital worlds, which by necessity have become their homes, are in many instances islands of tyranny. As patients, they have no opportunity to work problems out, or to give and take in an honest and friendly way with staff members; and they have little or no part in the management of their hospital communities or in the direction of their own lives. They feel oppressed by their inactive environment and by unimaginative, unfriendly rules.

Democracy is great because it can vitalise every segment of our society if permitted to – even the world of the hospitalised person. Those of us who live at Memorial Hospital (New Britain, Connecticut) have been given several opportunities to put our New Horizons philosophy to work right here . . . Yes, to a heartening degree we have been able to

participate in the management of our own affairs. We do enjoy, through our own efforts, many productive activities. However, because we have only made a beginning, we must speak to you on behalf of the many who have not . . .

Some of us live in general hospitals, though we are not sick; some of us live in rehabilitation centres, though these centres can no longer aid our progress; still others of us live in convalescent homes with the passive and elderly, though we aspire to be active and young. We are those handicapped people who are not able to be rehabilitated to home or competitive jobs, because of the severity of our physical disabilities. So we must remain in hospitals and rehabilitation centres, though we no longer require the specific services these institutions offer.

Our limitations are not only the limitations of a paralysed arm, sightless eyes, poor co-ordination, or lack of leg mobility. Most of us require a minimum amount of nursing care and therapy. But we live in institutions geared for those requiring a maximum amount of both – and where nursing care and therapy come first. Because of this, the time of the nurse or aide or therapist cannot be employed to augment our creative ability, our longing for fun and companionship – and, most important, our need to give of ourselves and our friendship to staff members, thus making the relationship a *real* one, and a *mutual* blessing.

Traditional hospital rules are another serious limitation. These rules are designed for the welfare of the sick and senile. In many instances, they prevent the exercise of self-determination by those of us in institutions ready for more independent living. A new departure must be made. A new environment must be found to suit our needs – our need to be useful and creative, our need to pursue happiness within a community of *interdependent* people.

Because we are not willing to accept the *status quo*, because we seek opportunities to express ourselves, build our own futures, set down roots in a hospital-home of our own choosing, and enjoy friendships with the staff, we have founded New Horizons. Its specific purpose is to establish a family-home community where severely handicapped people and their friends may live and enjoy creative pursuits and relationships . . .

On 15th March 1955 the first step was taken. Three handicapped persons, living at Memorial Hospital, sent an invitation to form a non-profit corporation to a group of handicapped and able-bodied persons . . . There were twenty-seven replies to the letter, and on 2nd April 1955, New Horizons came into being . . .

Since that first meeting in 1955, New Horizons has grown to a membership of about 550 in forty states . . . .

In an article ‘What the Founding Fathers Believed’ (Saturday Review, 22nd March 1958), Norman Cousins had this to say: . . . . The youthful Founding Fathers were, many of them, dramatic examples of whole men. What was most remarkable about this was that they themselves saw nothing remarkable about it. They believed it entirely natural that a human being should seek and achieve the broadest possible personal development. Indeed, it was unnatural for a man to be shut off from anything inside him capable of growth. For man’s natural rights were not limited to the political. His natural rights had something to do with his place in the world and the stretching power of his spirit and talent. The end of government, therefore, was to translate freedom into creative growth. The government that understood this was a wise one . . . . .’

These sentiments are the heart and fibre of every American. They encourage us, the severely handicapped, to continue to seek a better way of life for ourselves and those who come after us.



# out of doors



## Edited by

**Ruth Carey (of Athol House)**

*In our last issue, we had an article on Mountaineering by one who had climbed and been active before she was disabled. Now we have an article on Sunsets by one who has never been active in the same way, but her pleasure and delight are equally great – if not more so. The second article describes a botanical experience. What about other kinds of outdoor memories?*

## Enjoying Sunsets

I have enjoyed many a beautiful sunset. It was when I had a series of annual holidays at Westward Ho! that I became aware of how glorious an evening sky can be. On countless evenings I watched the sky fade from a light blue, and the vivid sun lose height, and gradually sink very slowly down, down, until it was hidden by the sea, and the sky became dark.

Then, unfortunately, my holidays in Devon ceased. But, as the saying goes, as one door closes, another opens. Sure

enough it was so, for when I came to Athol House I found that one side of our lounge faced west, and through french windows we get a lovely view of the sun setting between trees and over rooftops.

I am amazed how varied the colours often are during the time the sun takes to set, the colours indicating of course what the weather will be the next day. There is a wonderful sequence of beautiful shades of blue, yellow, turquoise, then pink – some vivid, some pale – and then maybe some darker blue wisps of coming night.

Do you enjoy sunsets too?

*Marjorie Wrist*

## Beauty and the Beast: A true story

An old legend says that Pasque flowers only grow where Danish blood has been spilt, and it was to visit a field where they grew that my friend and I made a detour on a trip from Derbyshire to Norfolk one spring. Pasque flowers are so called because they bloom at Easter tide – Pasque being an old French word for Easter. We found the site, a little meadow on a hill, a

good vantage point for a battle, and walked slowly up the rising ground until suddenly our eyes focussed on patches of rich purple and there were the thrilling flowers we had come so far to see. They reminded me of eggshells after you've eaten your breakfast egg except for the colour, which was a regal purple cup of five petals holding a cluster of golden stamens. These brave little flowers come up every spring in the same place, and nestle in the short grass regardless of rain, snow, frost, wind, sun and warmth. Having feasted our eyes on the little beauties we returned to the car, only pausing to admire a patch of blue little periwinkles by the hedge. But as we prepared to drive off a man appeared with a bull – a beast I particularly dislike, and, opening the gate into the very meadow we had been in, put the bull in, and shutting the gate, went back to the farm. I like to think that the bull, being colour-blind, ignored the Pasque flowers and concentrated on the grass.

*R.C.*

## Break-through by the M.S. Society

*continued from Page 10*

too many state and voluntary bodies concerned with the disabled seem to function on the basis of not very inspired guess-work. Much the most significant aspect of this survey is that the M.S. Society is asking its disabled members what *they* would like in the way of assistance. Instead of making the common

assumption that 'authority' knows best and that the desires and opinions of those to be helped are, if not quite irrelevant, at least not a major factor in deciding what should be done, the Society is recognising that its disabled members should be helped in the way they themselves want whenever at all possible.

Most of us pay lip-service to the idea

that, no matter what people's circumstances, we should treat them as we would like to be treated ourselves. It is good to see the M.S. Society giving such an imaginative example of what this actually means in practice.





**CHALLENGE  
'66**



## By Graham Thomas

*Graham, who was resident at St. Teresa's for many years, is now living an independent life in Taunton, Somerset.*

Intellectuals generally regard television with something akin to scorn, but it is surprising how useful it can be, even indirectly. Two years ago, the BBC screened a feature dealing with the type of work carried on at Mary Marlborough Lodge (The Nuffield Orthopaedic Unit at Oxford). I was only mildly interested at the time, but six months later, as a last resort in obtaining an indoor electric wheelchair, I wrote to the Unit asking if they could help me. That letter was, in a sense, the key to my independence.

Mary Marlborough Lodge was really the pioneer centre to engage in research and application of means to alleviate the dependence upon others of severely disabled people by way of electrical and mechanical 'gadgets'. Attached to the Unit is a large, well-equipped workshop employing highly trained engineers and technicians drawn from various industrial fields. They have a large team of occupational therapists, whose job it is to assess the patients' work capacity and to suggest possible ways of extending it. A full-time physiotherapist also plays a key role in these assessments. There is a Sister and nursing staff. The Unit is headed by Dr. P. Nichols, a Consultant in Physical Medicine.

Not only did they make a capability assessment of me, but they also did rigorous tests on my disability, and level of intelligence. The result of all this was that they wanted to know what I was doing in a Cheshire Home, and why was I not working!

I agreed to have a go at anything they cared to throw at me, and with that they recommended certain equipment. I went back for a time to St. Teresa's, and returned later to the Lodge. They fitted me up with an E & J transit chair, and tailored it, with not a little precision, to my body. I can honestly say that never have I had a more comfortable chariot. Then followed the fitting of a Monodrive motor unit. (This was covered by a grant from one of the national Foundations). So, at long last, I could move from A to B at a fair rate of knots if I so desired (and I so desired!) without aid. It was quite an experience,

and after they failed to substantiate charges of wilful manslaughter, dangerous and drunken driving, causing a riot and general mayhem, they were left with no alternative but to let me keep the thing!

It was then decided to provide me with means to lessen muscle fatigue, which is a characteristic of muscular dystrophy. This was achieved by the use of ball-bearing arm supports, more commonly known as 'rockers'. It is difficult to give an accurate description of these without going into detail. Briefly, they are constructed from stainless steel in four interlocking sections. Clamps are fitted to the backrest of the chair, and into these is slotted (for easy removal) a steel rod with a bearing 'box' at the outer extremity. Into this is slotted another rod, which is very cunningly angled; at its outer end, a 'trough' is slotted into place. The forearm rests in this trough, and it is hinged, providing a see-saw type of motion, enabling the user to bring his hand to his face and back down to a table. The real advantage lies in the achievement of a full range of movement in a lateral plane, well beyond the user's lapboard area, in fact, as far as his arms will naturally reach. The movement of the 'rockers' is so light that it offers no resistance at all, and thereby relieves fatigue to such an extent that a person can carry out work-tasks for several hours without undue tiredness. The fitting of 'rockers' requires knowledge and skill but they can be adjusted to the individual's needs, e.g. for typing, painting, writing, feeding, drinking, etc.

In conjunction with all this, I was taught to use an electric hoist. After practice, I was able to get myself in and out of bed and bath, and on and off toilet. In addition, I was shown various techniques for dressing and undressing using the hoist.

The medico-social worker at the Unit then felt that suitable accommodation must be found before I tackled the problem of employment. She wrote, to this effect, to the Somerset Welfare Department, and to the Housing Authority of my home town, Taunton. After much discussion, both departments agreed to back the project wholeheartedly.

The outcome of these combined ops is that I am now living alone in a bungalow, which comprises sitting room, two bed-

rooms, kitchen and bathroom-cum-toilet. The local authorities concerned have been wonderful in their degree of co-operation, and have not once murmured about costs. Extensive alterations have been done to the bungalow, including outside ramps, altering door handles, installing ceiling beams and electrical fittings. I have a Home Help who calls every day at 8 a.m. to help me out of bed, and returns on two afternoons per week to clean, dust, etc. A male nurse comes to assist in bathing, and I am very lucky in having a marvellous neighbour who calls to help me back into bed around 10 o'clock each evening. I do my own cooking, using methods evolved at the Lodge.

So it can be seen that with a sympathetic attitude by local authorities, and the necessary level of determination on the part of the disabled individual, much can be accomplished.

To leave you with one last thought to ponder upon. Think of the things you cannot do, discover just why you cannot do them, and then get down to finding a means of doing them. By taking these problems one at a time, you'll be surprised at how much you really can do. I realise that it is easy to say this sort of thing, and I do not, for one moment, minimise the barriers met with. But is not the challenge sufficient impetus in itself?

*The above article was written last year, and had originally been titled "Challenge 65". We have heard from Graham recently to the effect that he is extremely busy with the work he is doing. "Things are working out very satisfactorily", he says "and I'm more than content living alone".*

*Urged on by Graham Thomas, Lennie Dipsell of St. Teresa's went through something of the same kind of independence-achievement. He writes below of his experiences, under the title:*

## A Dream Comes True

I have always wanted to be in control of my own wheelchair, instead of being pushed from place to place. I fully realised that my range of movement is very limited, but I had hoped that one day it would be possible.

When I first heard of Sleyride indoor electric wheelchairs I thought that perhaps here might be my chance. I applied to



Zimmer, who sent one of their representatives to interview me, but I am afraid this was of no avail. In fact, he took one look at me, and I knew from the expression on his face that he didn't think a Sleyride was a possibility for me at all. However, by a stroke of luck another source turned up. A friend went to Mary Marlborough Lodge at Oxford. When he got back, he told me of the wonderful work they did there, and suggested I might stand a chance if I applied. I did this, and went to Oxford for Dr. Nichols and his technical advisers to assess me.

Although I was very hopeful. I knew that I might easily be disappointed. I felt, however, that I had to go through with it, as this was the one and only chance that might materialise.

At the outset, even they were dubious as to whether it would be possible to adapt the controls of the wheelchair with a Monodrive unit to suit me. As time went by, things began to fall into place, and they got more results each day. Eventually, the great day arrived when I was put into the adapted chair for a trial run. To my delight, I found that I was able to control it, although at

first I behaved rather like a bull at a gate.

My mood at the time was one of elation, but had anyone asked me to describe my feelings I simply could not have put them into words.

I am now perfectly confident of my ability to control my chair, and I drive myself around the Home, in and out of narrow doorways, etc., with the utmost ease. None of this would have been possible had it not been for the people at Mary Marlborough Lodge, and all credit is their's and their's alone. I shall always be indebted to them for their great achievement on my behalf.

## 'C.D.' Leaves Market Mews

'C.D.' – it is hard to remember that she has any other name and that it is Miss Edith Evans – left Market Mews towards the end of March to work wholly for the Group Captain at Cavendish. The growth of the Cheshire family has been so rapid and so widespread that people like 'C.D.' who have been part of it for nearly ten years are veterans; and like most veterans it is hard to believe that life can never be quite the same when they have left the scene of their main activities. Before she came to us she had been Sir William Gilliat's secretary until he died. Like Margot before her, she has been part of our lives. How would the phone be answered, how would the Trustees' lunches materialise, how would those extraordinary accounts with names which only she understood ever be kept and the 'thank-you's' be written? How would the films get to Addis Ababa, Enugu and Anbu Nilayam? How would the Group Captain's travellers' cheques manage to be handed to him five minutes before take-off for Australia and New Zealand? How indeed?

It is the fact that probably six or seven people in different parts of London will be trying to do the work that 'C.D.' took in her stride that is the measure of the remarkable

job she has done for the Foundation since she came to see Margot early in 1957. At that time, Margot was battling alone in the little office in Pitts Head Mews which is now just about where the lifts of the Hilton Hotel begin their upward journey to the roof restaurant on the 20th floor.

The Trustees had decided that Margot must have some assistance, a larger office, more help to cope with the work that was arising from the six Homes which were then in existence. The staff at Market Mews – Nos 5 and 7 – is barely twice as much again today, for the 45 Homes in Britain and 30-odd overseas, as it became in 1957, when 'C.D.' joined Margot . . .

So 'C.D.' came, through the good offices of Dr. Kiernander, who had known Sir William Gilliat, the Queen's gynaecologist, before his sad death in a car accident. She came along for an interview on a cold wet day very much like those we have had this March ten years later. At the beginning she typed endless tapes and little by little she helped to get the office into shape.

Margot spent much of her time driving round the country in her Triumph, speaking at meetings, sleeping out on cold floors in empty houses that were soon to become so full of life and laughter. So

'C.D.' soon found herself having to do more than endless tapes; and as the family grew so she became not one person but at least half a dozen. Filing was added to her work; then she created the card index which everyone at Market Mews uses today. When she found that Margot was living on soup for lunch and soup for dinner (and thin air for breakfast) she began to get her a proper meal at midday. It was quite handy in those days because she typed on a little table in the office and could look through the hatch to the cooker in the kitchen to see when the potatoes were boiling.

Pitts Head Mews was pulled down, the Hilton Hotel rose, and the office was transferred to Market Mews. There she became what we have all known her as – the friendly and wonderfully reliable worker without whom no ship, no office, no institution can succeed. In the RAF in which I have served in the war – and I suppose it is true of the other services, too – one of the ways you could tell a good Commanding Officer was the smooth manner in which he annexed the best people from other squadrons. The move of 'C.D.' to Cavendish seems to me to be in this good old tradition.



## Work at Holehird

*Extracts from the Fifth Annual Report of the Lake District Cheshire Home, Holehird, Windermere.*

Beyond question the most important feature of life at the Home during the year was the work done by our patients for commercial undertakings in what became known as the 'Workshop'. At the beginning of the year, we were carrying out work for three Companies, and during the year we obtained work from International Computers & Tabulators Ltd. We were encouraged to hope that this work might become a permanent institution in the Home, and we were inspired by the enthusiasm of the patients and staff, and by three most generous donations amounting to £12,500, which were given to us for

the specific purpose of building suitable premises in which to work. It was, therefore, decided to form a special Development Committee, consisting of local industrialists, professional men, and social workers not actively connected with the Home, in order that the project could be objectively and dispassionately considered. In particular, they were asked to consider whether it was possible to ensure a continuity of work, and, if so, to draw up plans for submission to the Planning Authority.

Prospects appeared to be favourable, but with the passage of time the Committee found themselves faced with two problems; the increasing physical limitations of many of the residents, and the difficulty

in insuring regular and sufficient supplies of work capable of being undertaken by incapacitated people. With a regard to the former, we have learned by experience that the physical limitations of our patients is such that continuous and scheduled work is more than can be expected, and with regard to the latter problem, it was obvious that the work which we were performing manually would sooner or later be performed mechanically, and to a very large extent this is what happened. This combination of circumstances proved to be more than we could surmount. The work from Somervell Bros. Ltd., has been able to be continued and carried out to the satisfaction of the firm.

## Bridlington's Keeness

The Secretary of the Bridlington 'Wings of Raphael' Support Group, in a report of the last six months' activities, writes that successful coffee mornings were held in October and November. Also in November, Mr. R. H. Blackburn of Halifax showed his film of the Raphael Settlement at Dehra Dun - the film he took when visiting the Settlement. It is a very moving film, con-

cluding with a message from Mrs. Ava Dhar, which brings home the desperate need for funds to carry on the work being done there.

On 23rd November, Mr. D. Maclachlan, the Chairman of the Support Group, was invited to the Guildhall, Hull, to receive a cheque for £255 from the Hull University Students Rag Fund.

Last February, the oldest member of the Committee, Mr. W. Downs (well over 80), organised a most successful coffee morning, which raised £32. A splendid effort.

The Treasurer, Mrs. M. Carter, reported at the Annual General Meeting that £570 had been sent to the main 'Wings of Raphael' account at Halifax during the year.

## Vehicle of God

By T. K. Radhakrishnan

*A graceful compliment to the Group Captain from a patient at the Bombay Home 'Full many a gem of the purest ray serene, The dark unfathomed caves of ocean bear' — Gray's Elegy*

Once in a period God Comes Down to earth, and discriminately choosing a human being, enters his heart, and through him does a world of good in one way or another for the benefit of humanity. Through the influence of God multi-millionaires have given away their wealth in benevolence and charity - men like Nobel the Swede, Rockefeller and Carnegie of

America, Lord Nuffield of Britain, the Tatas and Birlas of India, to name only a few. Schweitzer is dedicating his vast medical knowledge to the relief of the leprosy stricken negroes of Africa, Marconi, wireless communication to the benefit of posterity, Dr. Fleming's penicillin a perpetual boon to the sick. There is no end to the list of goodness bestowed on mankind by God using man as his vehicle.

God kindled a spark of humanitarian sympathy in the heart of an airman, Group Captain Cheshire, when he was flying over Hiroshima as an observer of the Atom Bomb Operation in World War II. The disastrous, pitiable effects on people by the

hitting of the Atom Bomb, and the thought of mass annihilation of Man by Man, formed a permanent receptacle in Cheshire's Heart to accommodate the various ailments of man.

That acorn of human sympathy born in an aeroplane has grown into an oak tree called the Cheshire Foundation, embracing the caring and healing the Sick and the Helpless in the Cheshire Homes spread all over the world and still expanding, supported purely by public donations.

May God bless Cheshire, that vehicle of God, with long life and sound health to carry on and spread his noble work.





**General Editor for U.K. News: Peter Wade**



## WEST MIDLANDS

**Regional Editor: Rosalind Chalmers**

Tom Dugdale of **The Hill**, who has been the West Midlands Regional Editor for several years, is still in Crewe Memorial Hospital recovering from his burns. He would be very happy to hear from anyone who cares to write. Jock Gee is also in hospital, and, like Tom, is expected to be there some time.

After being redecorated, **The Hill** has a very new look, and everyone is overjoyed by the living quarters.

At **Greenacres**, the new Matron, Miss Ellis, has arrived – straight from Paris! – where she had been spending a short holiday. Miss Ibberson has now returned home for a rest, until her next assignment. We welcome another new resident, Beryl Wood, for a few months.

A Coffee Morning held by the House Committee at Mrs. Jones's house raised the magnificent sum of £153. Despite the appalling weather, there were crowds of people. Two fashion Shows were also held in Sutton in aid of **Greenacres**, and a Dinner and Dance at Penns Hall, with Eric Robinson as guest celebrity.

We were presented with an electric page-turning machine by the Small Heath Cubs. This was the idea of one small boy, Martin Bliss, who won his Pack's Soap-box Derby with a home made model, and asked that his prize should go towards something for **Greenacres**. The rest of the money was collected through various Cub activities. This is not the first time the Cubs have helped us; they have also

donated a fine set of hanging lights for the lounge.

In January, the Mayor of Wolverhampton visited **St. Anthony's**, and was agreeably surprised by the modern lay-out. Two very successful Wine and Cheese Parties were held; one by the Tettenhall Group of Friends, in aid of the Home, and the other by the Chapel Committee in aid of the new chapel.

George Mossom joined the family, and Victor Holt came to us for a holiday. The opening of the new local Spastics Society Group saw the adoption of two of the residents as their weekly guests.

Now that our fine building is finished, the great need is to build a new approach road. No more broken axles, and excuses for not coming to visit us!

A generous friend has donated more than £100-worth of beautiful bushes and rare trees. We are busy planting them out, and part of our scheme is to provide a raised garden for the residents to work in from wheelchair height.

At Christmas, we produced the first issue of the 'The Pennant', our family magazine. It proved so popular that we are now hard at work on our spring edition.

The Matron of **The Green**, the Home for mentally handicapped children, says that although they were originally registered to receive ten children, this was extended last summer to eighteen. Several of the children, she says, are with us for long-term care; others come for short periods while their parents have a rest. Altogether, 54 children passed through the Home in 1965, and this year we expect to have even more. We still have Brian, our little coloured boy, who is nearly seven. He is one of the abandoned children, but is much loved.

On Mothering Sunday, we took some of the children to a special flower service in the beautiful old church above **The Green**.

They behaved very well, and came home with their posies, like the other children. The new Rector and his wife are taking a keen interest in **The Green**, and their support is deeply valued.



## SCOTLAND

**Regional Editor: Amelia Bruce**

The Annual General Meeting of **Mayfield House** was held on 9th March, presided over by Mr. Bromfield. He was able to explain the progress being made on the extension. Mrs. Graham of the Multiple Sclerosis Society gave a talk on her work. The meeting was followed by a wine and cheese party.

Since the opening of the extension, we have experienced the usual set-backs in building projects. The main part is a pre-fabricated block by Terrapin Limited, which is built to the north of the house. It consists of a three-bedded room, one treatment and two single rooms, bathrooms etc., and two offices, one for Matron and one for our Secretary. To the west of the house is a large sitting room. This new spacious room is now being used. It's a case of 'Open Sesame', and the electric doors open and then close behind us. Our heated trolley has arrived, and we are now eating in the new dining room.

Recently, Carol Anne Rowe presented our Treasurer, Mr. Weatherstone, with a £100 cheque. The money was very kindly collected by Mrs. Rowe, who organised a concert for **Mayfield House** in the Church-ill Theatre.

The death of one of our first residents,



Ruth Massie, caused general sorrow. Perhaps some of the St. Bridget's household will remember her, as Ruth came to us from Sussex in July 1960. With her cheery forthright manner she was always a bright spark, and we miss her. We welcome our newest member, Brian Foley, who comes to us from Bridge of Earn Hospital.

We are happy to have obtained the services of a physio-therapist twice weekly. Ah! those groans when the arms and legs are being stretched. Parallel bars have been installed, and one or two residents are taking the opportunity to practise walking.

Pins and more pins! Feathers and more feathers! Yes, you've guessed. It was our Red Feather Week from 28th March - 2nd April. The General Election was bang in the middle.

There was some excitement at **Carns-alloch** in March when the Conservative and Labour candidates for the General Election came to speak to staff and residents. A lively interest was shown in both meetings.

Our popular Nurse Little left to be married, and our thoughts were all with her on 2nd April, her wedding day.

David, our youngest resident, is very anxious that the *Cheshire Smile* should have a Pops Corner!



## EAST MIDLANDS

Regional Editor: T. M. Gair

We start our news from **The Grove** by reporting the deaths of two of the earliest residents, Miss Amy Ellis and Mrs. Doreen Brady. They leave a gap which it will be very difficult to fill.

We are pleased to report that Mr. Robert Clifton, son of the late Chairman, has now joined the Management Committee. We hope that he will enjoy this work.

The residents are all working hard for the Fete to be held on 21st May.

Everyone at **Stoncroft House** will

miss Staff Nurse Shirley Husband, who has gone back to Australia. And they welcome to their midst Miss Mary Driffield, who has joined the staff from the Norwich Home.

A large crowd gathered to see the colourful scene when the Yarborough Hunt met at the Home.

Wrestling fans have come into their own since Mr. Archibald gave permission for the residents to attend. Their visits every three weeks are eagerly looked forward to.

31st March was a big day. The Bishop of Lincoln held a short service of 'Blessing the Home'. He was welcomed by the Matron, and a large number of friends attended.

At **Hovenden**, a Beatles record played on the radio heralded the 21st birthday of David Fern in February. Our congratulations to David. Sadly, Albert Newell, who had requested the record, died shortly afterwards, and is greatly missed by all.

We are pleased to welcome back Freddie Blackburn, who has decided to leave Stoncroft House.

**Holme Lodge** are sorry to report the departure of their Vicar, the Rev. C. Young, who is taking up a new appointment in Kirkby-in-Ashfield.

Last year, some friends of the Home held a Garden Party, at which they raised £70. The money was used for a hydraulic hoist, which has proved a boon to the staff, for lifting residents into beds and baths.

At a recent car auction in Nottingham, Mr. Arthur Webster of Arnold, put up a 136-year-old Phaeton pony carriage for sale, and generously gave the proceeds - £162 - to the Home.

Voluntary helpers are busy tidying the garden and planting over 100 rose bushes and flowering shrubs, which have been presented by Wicks Nurseries of Nottingham.

Like other Homes, **Seven Rivers** took a great interest in the recent General Election, and two of the candidates canvassed the Home, everyone enjoying the ensuing discussions.

An especially enjoyable entertainment was our visit to the Great Bromley Village Pantomime; several members of our staff and Friends took part. The Ipswich Operatic Society, too, made everyone feel like

VIP's, when the residents attended their production of 'Carousel'.

New ways of making money for Cheshire Homes are becoming more and more difficult as time goes by, but Mrs. Devitt of our Management Committee found one recently. Left without a cook at home for six weeks, she claimed the wages from her husband, and with the money bought the Home an electric hoist. We are gradually being equipped with these, thanks to our Colchester Association, and other Friends. The Colchester Association has also presented us with a new TV set.

The residents at **Ampthill** have got the Bingo Bug, and attend sessions at the Bedford Bingo Club every week. The Dunstable and Luton Friends also arrange regular monthly Bingo sessions.

A Toc H Group has been started in the Home. All Toc H members throughout the Region, whether they be residents or helpers, will wish good luck to new brothers.

Many of the residents have been able to visit relatives or friends in the Dunstable Friends' Ambulance, which is driven by members of the Police Force on their days off.

The new O.T. Department is now in full swing, with such items as stools, car wash leathers, mats, link-type toys, printing in various types, and leatherwork.

Another useful addition to the Home is a quiet room, which is especially useful for residents who have visitors, private business to discuss, etc.

It is with regret that we learn of the departure of our Matron, Miss M. K. Lovett, who is taking up her old work as a laboratory technician. She will be sadly missed, for she has done a wonderful job since taking over as Matron/Warden 2½ years ago.

Alterations to **Stanton Harold** are now well under way. When they are finished, it will mean that all the back part of the ground floor, which has been unreachable for wheelchairs since it is on a different level, will be available. Long-term improvements to the grounds are also taking place, with the planting of several young cherry trees, etc.

Stanton, too, had the picturesque sight of a Hunt Meet at the front door, when the famous Quorn Hunt, as usual, held their



last Meet of the season at the Home. Many of the residents mingled with the crowd outside, and joined in drinking the stirrup cup.

Several staff changes have taken place in the last three months. Most notable is the retirement of night orderly Alf Bull. A staff member for about ten years, Alf's leaving will leave a gap in the life of the Home which will be very difficult to fill. We wish Alf and his wife a long and happy retirement in Bristol.

The big event in the next few weeks is the holding of the East Midlands Regional Handicraft Competition. Staunton, who are the present holders of the Mrs. Clarke Cup, are determined to do all in their power to retain it. We say that if any of the other six Homes in the Region want to take it away from our showcase, their entries will have to be very very good indeed!



## **SOUTH OF ENGLAND**

**Regional Editor: Rosa I. Searle**

**St. Bridget's** residents have been involved in quite a social whirl. There was a trip to Bertram Mills' Circus; a visit to 'The Gondoliers' at Worthing Pier Pavilion; tea and entertainment by the Angmering Young Wives; and a social event put on by 'The Roosters'. These latter also presented the Home with a very generous cheque – part of the result of their hard work during the year in arranging various functions to help charities.

The biggest event of all, however, was the very successful Dress Show held in the Baron's Hall of Arundel Castle, by kind permission of the Duke and Duchess of Norfolk. Some excellent clothes for men and women were shown by Kay Darrington, who has model shops along the South Coast, and Hector Powe of London. St. Bridget's benefitted to the extent of £500-£600, and give sincere and grateful thanks to all who made the event possible.

Deepest sympathy goes out to Mr.

Edward Vile on the death of Minnie after much suffering.

**Heatherley's** Matron for the past two years, Miss Alison Watts, surprised the residents when she announced that she was leaving to get married in April. The residents' Chairman, Mr. Douglas Barnes, presented her with a cheque, and expressed everyone's best wishes for her future happiness.

Outings have been many and varied from this Home also – an Ice Show at Wembley Stadium, a play at Guildford's Yvonne Arnaud Theatre, to the Dominion Cinema, London for 'The Sound of Music', and to Bertram Mills' Circus.

Mrs. S. Johnston, of the Management Committee, organised a shopping spree to Worthing. The coach, two vans and several cars conveyed 24 residents and their friends to the town, and they had the privilege of parking and unloading at Marks & Spencer's loading bay.

The Annual Party given by the residents to members of the Management Committee, staff and friends took place in April.

**Le Court's** workshop now boasts a metal lathe, a gift from the Basingstoke firm of Van Mopp's. It should prove invaluable for the machining of parts for aids and gadgets etc. Another gift was an electric sewing machine, already in constant use.

This Home sold over 8,000 Christmas cards of their own design, the profit of £118 being divided between the Overseas Homes, the Residents' Welfare Fund, and the projected new Unit.

A number of residents and staff attended the memorial service in Westminster Abbey for Richard Dimbleby. His loss was particularly felt by Le Court, where he and his family had made many friends.



## **WALES**

**Regional Editor:**

**Coomb** very much regrets the leaving of Mr. King, (Superintendent of the Home),

who relinquished his post at the end of last year to take up the position of Matron at the Battle Hospital, Sussex. Both he and Mrs. King were popular with residents and staff, and they left with the good wishes of everyone.

Our Toc H Branch held its Annual Dinner at the Cottage Hotel, Llanstephan.

Residents at **Danybryn** enjoyed a visit to the Prince of Wales Theatre, Cardiff to see 'Olympics in Tokyo'. And this was followed by visits to the Park Hall Cinema for 'The Battle of the Bulge', and to the Capitol Cinema, Cardiff for 'The Sound of Music'.

A star attraction at the Home was the gathering of the Pentyrch Hunt on the lawn outside the new wing. It was a lovely morning and most of the residents were able to sit in the sun, and watch. (Picture on following page).

We were entertained by Mr. Iuan Roberts, one of our friends from David Evans Store, Swansea, with guitar solos and slides of his holidays.

We regret the death of Leslie Hallet, who had been with us for about three years. He was always happy and cheerful, and showed great courage in his illness.

A party was privileged to see the pantomime 'Aladdin' at the New Theatre, Cardiff. It featured Tommy Trinder, Charlie Chester and Judy Kenny – the latter, a Porthcawl girl, was a popular favourite.

Many residents attended a cocktail party held at the home of Mrs. Morris by the Soroptomists, who have given the Home much help in the past.

The Matrons' Conference was held this year at **Dolywern** in March. A Report appears elsewhere in this issue, but we would like to say what a pleasure it was to meet the ten Matrons who attended, chat with them, and get to know something about their respective families.

In January, at the weekly Family Service, the Rector, Rev. T. W. Pritchard, announced the engagement of Anne Martin to Tony Gamblin, both residents at the Home. They hope that one day they will be able to get married.

It is with sorrow that we record the death of our Chairman, Mr. T. R. Evans. He died suddenly at the hotel he was staying at in South Wales, after attending the Area Meeting. Mr. Evans had been on the



Committee since the Home opened, and had done much valuable work to establish it. During the summer months, he drove our Bus two or three times a week, taking the family on trips. We shall sorely miss him.



*The Pentyrch Hunt meeting at Danybryn in February.  
Photo: Western Mail & Echo.*



## LONDON AND THE SOUTH EAST

**Regional Editor: R. Norman Whiteley**

YOUTH IN ACTION has been the theme at **St. Cecilia's** recently, and we cannot do better than quote from an article that appeared in *The Daily Mirror* at the end of January, under the one-inch headline – 'The Winklepicker Angel'.

'Dennis Tucker is a Rocker. His thick curly hair falls down over the collar of his studded leather jacket, and his 650 cc Triumph proclaims all the badges of the "roar around the town" brigade. Dennis has done it all. He has ridden in packs to the South Coast, and notched his share of tons, and mixed it with Mods – "You know, burned 'em off and all." But Dennis is a different kind of tough character, and

admits, with a smile, that his bird and the lads often have a hard time understanding him. He says: "They'll be saying I've gone off to a job with long hours and no pay.'

'A short time ago, 18-year-old Dennis Tucker did precisely that. While his lot were revving outside the pubs and cafe's of Yorkshire's North Riding, he caught a train to London and joined the Community Service Volunteers. Within 24 hours, he was assigned to St. Cecilia's Cheshire Home, Bromley, Kent, to care for people stricken with diseases that make them almost incapable of doing anything for themselves.

'Dennis is the gentlest Rocker I know. His winklepickers and skin-tight pants might appear incongruous in a hospital ward, but his patience with the stricken is therapeutic. He lights their cigarettes, reads to them, washes and shaves them. "It's amazing how they respond" he says "with coaxing one chap has begun to dress himself."

The not-so-secret elixir is Dennis's youth. It's infectious. Mr. David Floom has been seven years at St. Cecilia's. He said:

"the sound of a dropped tray following by a boy's laughter does more good to ease my lot than rubber tyred wheels on lino floors."

'Dennis is an apprentice welder on Tees-side, and was working on the oil-rig, Ocean Prince, when his firm released him to C.S.V. for a month.

'Why did he do it? Why does he choose to sit in the lonely twilight of a ward, sometimes through the dawn, waiting for the buzzer-calls of people he has never met before? 'I don't know why," says Dennis. "Bikes and birds and work arn't everything. I just wanted to do something that REALLY counts. Given the chance, 90 per cent of the lads 'ld be in it too.'

Dennis, known to us all as 'Mike', stayed for six weeks. Although some of the male residents may now appear to have more prominent sideboards, if not longer hair, we are indeed sorry he has had to go.

**Mote House** have had a visit from Miss Denise Tabernacle, the Matron of our Addis Ababa Home. Her stay was all too short, for we should have liked to hear more of her work.



Members of the Lions Club are clearing, with the help of a bulldozer, some ground at the back of the Home, in preparation for a kitchen garden, and we are much looking forward to home-grown vegetables. Herbert, our gardener, will be in his element, once the work gets under way.

On 19th February, a very successful Dance in aid of the Home was held at the Tudor House, Bearsted, attended by 340 people. The nett financial result was £150.

It is with regret we record the deaths of Bob, Hughie and Cyril – the latter having been transferred to the Jewish Hospital, London, only two months previously. Molly, who had been a resident for about two years, is now living at home with her mother.

The Annual May Fayre is to be held on 14th May, when we look forward to a bumper attendance of visitors.

In January, **Athol House** celebrated its fifth birthday with a party for the staff and their families.

The Management Committee had their Annual General Meeting in February, and Mr. Wilfrid Russell spoke about the new Cheshire Homes.

We invited our London Transport friends to celebrate with us the Ambulance's second birthday in March; unfortunately, however, shift duties prevented some of them from joining us. Last year, the ambulance made some 240 trips, covering over 10,000 miles, and has certainly been a godsend.

Another Scrabble Tournament has been held at the Home, nine residents taking part, which meant 36 games having to be played. The results are given below:

Ruth	1st	Norman	6th
Paul	2nd	Mary	7th
Rosemary	3rd	Joanna	8th
Michael	4th	Marjorie	9th
Sarah	5th		



## SOUTH WEST

Regional Editor: Pamela Harvey

No news to report from **St. Teresa's**

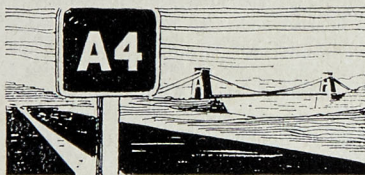
or **Hawthorn Lodge**, but we hear that everything is going well in both these Homes.

The New Year Party organised at **Cann House** by three of the ladies, Nancy, Sheila and Pam, was a great success. They enjoyed preparing everything, but there were a few headaches when the jelly wouldn't set, and the cream was sour. However, everyone enjoyed the evening – which was reward enough.

The Friends of Disabled have added yet another bus to their fleet – a coach for ambulant patients. It was received by the Captain of H.M.S. Raleigh on behalf of the Friends of Disabled in the grounds of Cann House, and was later dedicated by the Chaplain of H.M.S. Raleigh on their parade ground.

We were pleased to welcome Connie Bickley from the West Midland Cheshire Home. She came to spend a holiday at Cann House, and gave her services in return. We have also been fortunate in having two White Fathers for a week, and Malcolm, a Durham University Student, who worked for us, so willingly, for a two-month spell.

The Home has just about filled up the vacancies made possible by the building of the extension. We welcome Stanley and Richard, and hope they will enjoy life here.



## WEST OF ENGLAND

Regional Editor: Bob Hughes

At **Greathouse**, Sundays have been made very pleasant of late by the visits of girls from **St. Mary's, Calne**.

Jean Martin, a frequent helper, married Robert Powell in March, and with their honeymoon over, they spent an enjoyable evening with us showing their wedding film, and sharing out wedding cake.

A welcome return was that of the House Committee Chairman, Mr. Asham, after four months in the West Indies, where he had been trying to open a new Home.

New quilts – 100 per cent Terylene – have been given by friends of one of the residents – plain for the boys, and flowered for the girls.

We regret that, owing to other obligations, we are losing Sister Hillier, who has been in nursing charge of the Home, at Easter. We shall miss her charming personality very much.

The passing of Mr. John Simmons, the popular first Chairman of the **Cotswold Home**, is keenly felt. With his wife, to whom we extend our deepest sympathy, he was a tower of strength, taking a great interest in all our activities, as well as entertaining us at their home.

Joan Norman was of a retiring and quiet disposition, but her recent death has been felt by us all. Our condolences go to her family.

Sixteen of us, some escorted by Police Cadet friends, were, for the third time, the grateful guests of the Management and Patrons of the Hotel Majestic for a splendid turkey lunch and entertainment.

The visit to the Scout 'Gang Show' at Gloucester was the usual hit; as was a hilarious play at Innsworth RAF Camp, capped by delicious eats and meeting the cast. We also entered the spirit of the 'Olde Tyme Music Hall' at the Town Hall.

In the evening of Low Sunday, we welcomed the Youth Club of Hesters' Way, Cheltenham, Baptist Church, for our first undenominational Service.

Perpetuating the memory of Mr. J. Lovell Goulder, J.P., former Chairman of the Management Committee, a plaque was unveiled on the new front-door entrance at a ceremony in which we were joined by his family and Rotarians. The entrance can now be used by wheelchairs, the fulfilment of a dream very near his heart.



## NORTH OF ENGLAND

Regional Editor: Alice M. Mackay

The new occupation therapy department at **Maske Hall** is already in use, and will



be officially opened by the time this is in print. Apart from being a light and pleasant workroom, it is popular with those who like to sit and watch the world go by, as the windows are lower than the ones in the main building.

A new departure recently has been the introduction of police cadets into the Home. They come in pairs, and stay for a fortnight, helping in many ways. They seem to enjoy it, and generally declare their intention of returning.

Extensions seem to be in the air, and the new annexe at **Spofforth Hall** is nearly ready despite the bad weather during the building. It will enable the Home to take in eight more residents.

It is with deep regret that we report the deaths of Frank Holroyd and Joseph Twist. They have both been with us for six years, and are greatly missed by everyone. Joe made the previous reports for these notes, and was a very faithful and regular reporter.

Vera Inman and Kenneth Lythe have been

welcomed as new residents, and seem to have settled in very well.

The Wortley Branch of Toc H took us to see 'The Sound of Music'. And an enjoyable evening was spent at Collingham through the kindness of Mr. Brian Warrington and members of the Harrogate Round Table for a concert version of 'Merrie England'.

The residents at **Honresfeld** were entertained one evening in February by the Lions Party from Blackburn. Quite a number of further parties have been given by various organisations, and we were fortunate to have Mikki and Griff, the two singers of TV fame visit the Home. They sang, and gave autographs to everyone.

The sad loss of Dorothy Woods, who had been a resident for a number of years, has been keenly felt by everyone, but most of all of course by her room-mates.

We now have the ambulance back on the road again. This was presented to the Home by members of the Royton Round Table last year.

The new accommodation for nursing

staff is nearly complete. It is hoped that it will enable more resident staff to be housed at Honresfeld to cope with the contemplated extra residents who will come as and when funds are available for a further extension.

The support groups remain very active, and we sincerely appreciate their efforts.

**Holehird's** new bus (with its rota of voluntary drivers) continues to be a great joy. Most of the family and staff went to Blackpool to see the film 'The Sound of Music', and thoroughly enjoyed the outing. Readers of the *Cheshire Smile* will be interested to know that Jimmy Turner, whose Profile appeared last year, is now looking forward to the fulfilment of his dearest dream – a pilgrimage to the Holy Land.

We learn, with great satisfaction, that the **Cheshire Home for Sheffield** will soon become a reality, as reported elsewhere in this issue. Cherry Tree Orphanage, six miles to the south of the city, has been purchased, and the Committees are very busy making preparations.

## The Spirit of Unity

by **Beryl Lane**,  
Secretary of Holehird

On Good Friday evening, eleven residents and staff piled into the Bedford Utilabake, driven by Harry, and went into Windermere to a hall rather grandly called 'The Embassy Rooms', to take part in a united service of all denominations – Roman Catholic, Church of England and the Free Churches, with ministers from all these churches taking part.

'The Embassy' was once a picture house, and the platform was draped with curtains hanging in classical folds, and at the back high on the wall hung a large Crucifix. Two large tables stood on the platform in an inverted 'V' formation, covered with suitable cloths, and behind these tables sat the officiating clergy, with an empty Lectern in the centre at the point of the 'V'. Each in turn occupied the Lectern as the time came for their part in the service. The special service was printed on sheets

and distributed to the congregation, so that everyone could join in when required to do so. The new Archdeacon of Westmorland and Furness, the Ven. Richard Hare, preached a stirring and impressive sermon.

This was the third year in which all denominations in Windermere had met on Good Friday evening, but the first year a service as such had been conducted, the previous years' meetings taking the form of discussion. It was felt to be a great step forward, in addition to being very much welcomed and enjoyed by all who attended. The ease with which all could follow the simple yet at the same time deeply impressive service contributed to the sense of unity of purpose and intention among us all.

We from Holehird were amazed at the number of people we knew and who knew and greeted us, and we felt united with the community of the village of Windermere

and grateful for the sense of 'belonging' – as one remarked 'I did not realise I knew so many people'.

The thought came to me that we at Holehird, and indeed everyone at all Cheshire Homes in this country and abroad can and do contribute to the new spirit of unity, because people from all churches and organisations come to help in the Homes and become caught up in a unity of service to their fellows. People from all churches come and sit and sew together, come and stand up and wash dishes together, and serve and clear meals together, and thereby we all become bound up together in one fellowship of service to each other, and thereby to Our Lord.



# A Home with A Difference

*A lighthearted contribution from a Cheshire Home resident who writes under a pseudonym.*

We were in one of the primary colour drawing-rooms at the time, and my friend Daisy had been reading the *Cheshire Smile* to me. 'Nothing much in it this time', she said, wheeling herself over to the bookcase. 'But Tom,' she added, 'couldn't you write and tell the editor about us at Muddlebury.' 'It's quite an idea', I rejoined, 'but I'm no good at journalism'. 'You never know until you've tried', she said decisively, as she moved off to prepare the supper. And this is the result.

I live at Muddlebury Hall, a home for the chronic sick near – well, not near anywhere really, just deep in the British countryside. The history of the Hall dates back many years. Queen Elizabeth I is reputed to have spent a honeymoon here, and many famous names are associated with the Hall. A few years ago the house was acquired, on the death of the 14th Earl Muddle, by the Sun-

set Trust, and converted for our use.

Our secretary is a retired Sea-Marshall who is a jack of all trades, seeming to be everyone and everything all at once. He keeps white mice in his office, and when I first went in two of them hurried out of *The New Forest* and buried themselves in *Ancient Egypt*, while another peered over the curtain-rail.

The Marshall can yarn at considerable length on the innumerable occasions that he was attacked by enemy aircraft during the battle of the Atlantic. I'm not too sure whether he was above or below the surface at the time, or even which side he was on. He invariably manages to upset his inkwell, salt pot or anything likely to be at all useful, in reconstructing the scene of the battle.

Like all seafarers, the Marshall is very partial to a little drink now and again; quite recently he took us all, in our 99-seater bus, to the Queen's Arms (we're always welcome therein). On the way back he nearly knocked over a 'bobby' as he calls them,

and told another to 'keep to port', but we all got home safely singing *Over the Sky To Sea*.

Although the population of Muddlebury Hall tends to fluctuate according to births, deaths and marriages, we always remain one big happy family. Of course we have our little squabbles; but the local police are very good at breaking up fights, and fortunately for us they're also discreet.

Besides the normal small-time trades of nursing homes such as canework and knitting, we run a flourishing industry in the back garden, employing several bus-loads of folk from outlying villages. Mud-Ale is becoming well-liked overseas, and as we climbed into our beds the other night our Managing Director told me that 'prospects for 1966-7 look brighter than ever'.

I hope this has given you some idea of the life we lead at Muddlebury. If you don't believe me, come and see for yourself.

Tom Jenkins

## SMALL ADVERTISEMENTS

### Note to Advertisers

All enquiries and matters regarding advertising in the *Cheshire Smile* to be sent to:

Cheshire Smile,  
The Secretary,  
Le Court, Liss, Hants

**Antique Maps.** John Speed, the famous cartographer, produced a series of decorative maps early in the 17th century. They were sold separately, but in 1611, the complete set was issued as an atlas. Although the maps were based mostly on Saxon's surveys, much original work was added – place names, town plans, the boundaries of the Hundreds, and heraldry; these were all the result of his own researches. The maps were issued and reissued right through the 17th century, and well into the 18th, until about 1770.

Reproductions from the original atlas can be supplied, individually hand coloured by Cheshire Home artist. Every county of England available, including separate maps of North and East Riding, West Riding, the Isle of Wight, Isle of Man, Ireland, Scotland, and Wales.

Size: approx 20" x 15" unmounted, 26" x 21" mounted. Price: unmounted, 30s., mounted, 38s. 9d., framed black & gold, 78s. Post & packing extra. From: Brian Line, Le Court, Liss, Hants.

**Wendy Loom Offered Free.** The simplest four-way loom with 9" reed. Also Rapidex Knitting Machine. Available (at cost or carriage only) to any disabled person or Cheshire or similar Home.

**Croquet Set Wanted.** If anyone has a set for which they have no more use, would they get in touch with the Miraflores Home (154 Worples Road, Wimbleton, S.W.20) which wants to acquire one.

**Knitting Machine.** A Gicotex-Hand-strickappacat Knitting Machine and stand, in good condition, is available at Miraflores (154 Worples Road, Wimbleton, S.W.20). No-one there knows how it works. Is anyone in the Cheshire Homes interested?

**Leicina Cine-Camera,** 8 mm. for sale. Brand new. Has had only 100 feet of film through it. Worth £170. What offers over £90? Write Box No. 102.

## Heap Fun



'I won't be long, he's just making me up a prescription for a headache.'



# Mission for the Relief of Suffering

Registered in the U.K. as a Charity

**Founders: Sue Ryder, O.B.E., Group Captain G. L. Cheshire, V.C., D.S.O., D.F.C., and Rev. Mother Teresa, M.C.**

**President: Mrs. Lakshmi Pandit**

Out of the combined work of the Sue Ryder Forgotten Allies and the Cheshire Foundation Homes for the Sick there has evolved the concept of an association—or family—of separate and autonomous organisations, each devoted in its own way to the relief of suffering, but all sharing the same ideals and principles. The function of this Mission is, on the one hand, to strengthen its member-organisations by virtue of making them part of some larger entity, and, on the other hand, to extend their opportunity of doing good by the possibility of joint and concerted action. Application for membership from any charitable organisation is always welcome.

## The Raphael Settlements

As one step towards this goal, the Forgotten Allies and the Cheshire Homes have

pooled some of their resources and experience in order to establish a series of International Settlements in different parts of the world, the primary aims of these being:

(i) to supplement the work of the two Foundations by taking those specialised cases which neither of them are able to admit;

(ii) to safeguard and develop the spirit of the Mission as a whole;

(iii) to test out new ideas.

**Dehra Dun, U.P., India.** (Tel. Dehra Dun 901)

Beautifully situated in the foothills of the Northern Himalayas, the first Raphael is the Far Eastern Headquarters of the Mission. Beginning with only tents in April 1959, it today houses 96 leprosy patients, 50 men-

tally retarded children, and 20 other children who, although fit, come from unsatisfactory home circumstances. Raphael is planned as a whole village of Homes for many different kinds of people in need.

*Hon. Sec.:* Mrs. Ava Dhar.

*Hon. Welfare Officer:* Mrs. D. Rawlley.

**Clock Barn Lane, Hydon Heath, Godalming, Surrey, England.** (Tel. Hascombe 383)

More recently opened, the English Raphael provides accommodation for the older age groups, and for married couples (both young and old) who might otherwise be forced by their disabilities to separate. It will shortly have a 12-bedded wing for the heavily disabled.

*Warden:* Lt.-Col. R. Taylor, M.B.E.

## 1. Sue Ryder Forgotten Allies Trust

Registered as a Charity

*Founder:* Sue Ryder, O.B.E.

*Hon. Adviser:* Sir Eric Berthoud, K.C.M.G.

*Personal Assistant:*

Count George Baworowski

*Personal Secretary:* Miss P. Bains

*Secretaries:* Miss M. Towers,

Miss C. Brookes, Miss A. Grubb

*Hon. Treasurers:* S. Poole Esq.,

H. Ince Esq., T. Siddall Esq.

*Hon. Medical Advisers:*

Dr. Grace Griffiths, M.B., M.R.C.P.,

Dr. M. Ryder, M.B.

*Hon. Press Officer:* J. Thurlby, Esq.

All enquiries about Sue Ryder Forgotten Allies Trust should be made to Sue Ryder Home, Cavendish, Suffolk. (Glemsford 252).

Following the relief work started in 1945 in many camps, hospitals, and prisons for the victims of Nazism, there is today still much individual case-work throughout Germany, in addition to the following:

**Sue Ryder Homes for Concentration Camp Survivors.**

Cavendish and Melford, Suffolk. 140

Forgotten Allies are brought each year from the Continent for a complete holiday and to join those permanently there.

**Sue Ryder Home for Sick and Disabled Forgotten Allies.**

Hickleton Hall, near Doncaster.

**St. Christopher Settlement.**

Gorssburgwedel, Hannover.

*Secretary:* Mr. Jerzy Neumann.

Eight homes and several flats, built mostly by international teams of volunteers for those whose health is broken, and for others released from prison and in need of rehabilitation and help.

**St. Christopher Kreis.**

Berlinerstrasse, Frankfurt a.m.

*Chairman:* H.H. Princess Margaret of Hesse and the Rhein.

Since 1945, Sue Ryder has been personally responsible for the visiting, after-care, and rehabilitation of the homeless boys of eight nationalities in German prisons.

**Homes for the Sick in Poland**

*Chairman:* Director Rabczynski, Ministry of Health and Social Welfare, Warsaw.

Prefabricated buildings, each containing forty beds and costing £7,000 are sent from England to relieve the distress of the Forgotten Allies. Fourteen Homes have been established at Konstancin, Zyrardow, Naleczow, Helenow, Pruszkow, Radzymin, Bydgoszcz, Zielona Gora, Gdynia and Gora Kalwaria, etc.

**Homes for the Sick and Disabled in Jugoslavia**

*Chairman:* Dr. Kraus, Minister of Health, Belgrade.

Three Homes have been established for 120 patients on the outskirts of Belgrade, and a further four Homes are at Pristina, Pec, Travnik and Kragjjevac.

**Home for the Sick and Disabled in Greece**

*Chairman:* Mr. Theologos, Institute for Research and Development of Vocational Rehabilitation of Disabled, Athens.

One Home has been established near Athens.



## 2. The Cheshire Foundation Homes for the Sick

Registered in accordance with the Charities Act 1960

Caring for the incurable and homeless sick (mostly in the younger age-group), they are autonomously run by local committees within the general aims and principles of the Foundation. In each country there is a central trust which owns all the properties, presides over the Homes, and is the source of the committees' authority. Average number of patients when Home complete: thirty.

### United Kingdom

*Patrons:* Dr. G. C. Cheshire, F.B.A. D.C.L.  
The Rt. Hon. The Lord Denning, P.C.

*Chairman:* The Hon. Mr. Justice Edmund Davies, LL.D.

*Trustees:* Dr. Margaret Agerholm, M.A. B.M., B.CH.(Oxon),/Group Capt. G. L. Cheshire, V.C., D.S.O., D.F.C./Mrs. Sue Ryder Cheshire, O.B.E./Mrs. M. M. Clark, J.P./R. G. Emmett, Esq./The Earl Ferrers./ His Honour Judge Rowe Harding,/ J. H. Inskip, Esq./F. J. Laycock, Esq., M.B., B.CH., D.P.H./The Lady St. Levan, J.P./ H. E. Marking, Esq., M.C./Miss C. E. Morris, M.B.E./B. Richards, Esq./Peter Rowntree, Esq./W. W. Russell, Esq. (Vice-

Chairman),/The Lord Sinclair, M.V.O. (Managing Trustee).

*Secretary:* Miss E. Mayes

*Personal Assistant:* Miss E. Evans

*Hon. Medical Adviser:* Dr. Basil Kiernander, M.R.C.P.

*Hon. Treasurers:* J. R. Handscomb, Esq., R. G. Emmett, Esq.

Enquiries to: 7 Market Mews, London, W.1 (GROsvenor 2665)

## U.K. Cheshire Homes Directory

	Tel. Nos.	
	Office	Residents
<b>Alne Hall</b> , Alne, York	Tollerton	295
<b>Amphill Park House</b> , Amphill, Beds.	Amphill	3247 3173
<b>Athol House</b> , 138 College Road, London, S.E.19	Gipsy Hill	3740 6770
* <b>Beechwood</b> , Huddersfield, Yorks.		
<b>Cann House</b> , Tamerton Foliot, Plymouth, Devon	Plymouth	71742 72645
<b>Carnsalloch House</b> , Kirkmahoe, Dumfries	Dumfries	4924 2742
* <b>Chiltern Cheshire Home</b> , Powell St. Marys, North Park, Gerrards Cross, Bucks.		
* <b>Colwyn Bay</b> , Denbighshire		
<b>Coomb</b> , Llanstephan, Carmarthenshire	Llanstephan	292 310
<b>Cotswold Cheshire Home</b> , Overton Road, Cheltenham, Glos.	Cheltenham	52569
<b>Danybryn</b> , Radyr, Glamorgan	Radyr	237
<b>Dolywern</b> , Pontfadog, Wrexham, Denbighshire	Glynceiriog	303
<b>Greathouse</b> , Kington Langley, Chippenham, Wiltshire	Kington Langley	235 327
<b>Greenacres</b> , 39 Vesey Road, Sutton Coldfield, Warwick	Sutton	7753 7960
<b>Greenhill House</b> , Timsbury, near Bath, Somerset	Timsbury	533
<b>The Grove</b> , East Carleton, Norfolk, Nor. 94W	Mulbarton	279
<b>Heatherley</b> , Effingham Lane, Copthorne, Crawley, Sussex	Copthorne	2670 2735
<b>The Hill</b> , Sandbach, Cheshire	Sandbach	566 508
<b>Holme Lodge</b> , Julian Road, West Bridgford, Nottingham	Nottingham	89002
<b>Honresfeld</b> , Blackstone Edge Road, Littleborough, Lancs.	Littleborough	88627 880651
<b>Hovenden House</b> , Fleet, Spalding, Lincolnshire	Holbeach	3037
<b>Kenmore</b> , Whitcliffe Road, Cleckheaton, Yorkshire	Cleckheaton	2904 2724
<b>Lake District Cheshire Home</b> , Holehird, Windermere, Westmorland	Windermere	2500 387
<b>Le Court</b> , Liss, Hampshire	Blackmoor	364 229
<b>Llanhenock Cheshire Home</b> , Caerleon, Mon.	Caerleon	545
<b>Marske Hall</b> , near Redcar, Yorkshire	Redcar	2672
* <b>Matfen Hall</b> , Matfen, Northumberland.	Stamfordham	212
<b>Mayfield House</b> , East Trinity Road, Edinburgh 5	Granton	2037 4157
<b>Mote House</b> , Mote Park, Maidstone, Kent	Maidstone	37911 37317
* <b>Oxford Cheshire Home</b>		
<b>St. Anthony's</b> , West Midland Cheshire Home, Stourbridge Road, Wolverhampton, Staffs	Wombourn	3056 2060



## U.K. Cheshire Homes Directory (continued)

	Tel. Nos.	
	Office	Residents
<b>St. Bridget's</b> , The Street, East Preston, West Sussex	Rustington	3988
<b>St. Cecilia's</b> , Sundridge Avenue, Bromley, Kent	Ravensbourne	8377 7179
<b>St. Teresa's</b> , Long Rock, Penzance, Cornwall	Marazion	336 365
<b>Seven Rivers</b> , Great Bromley, Colchester, Essex	Ardleigh	345 463
<b>*Sheffield</b>		
<b>Spofforth Hall</b> , near Harrogate, Yorkshire	Spofforth	284 287
<b>*Springwood House Cheshire Home</b> , Liverpool, 19		
<b>Staunton Harold</b> , Ashby-de-la-Zouch, Leicestershire	Melbourne	71 387
<b>Stonecroft House</b> , Barnetby, near Brigg, Lincolnshire	Kirmington	244
<b>White Windows</b> , Sowerby Bridge, Yorkshire	Halifax	81981 82173
<i>Mental Rehabilitation Hostels</i>		
<b>Miraflores</b> , 154 Worple Road, Wimbledon, S.W.20	Wimbledon	5058
<b>Gaywood</b> , 30 The Downs, Wimbledon, S.W.20	Wimbledon	9493
<b>Nicholas House</b> , 3 Old Nichol Street, Bethnal Green, E.2.	Shoreditch	5165 9298
<i>Homes for Mentally Handicapped Children</i>		
<b>Hawthorn Lodge</b> , Hawthorn Road, Dorchester, Dorset	Dorchester	1403
<b>The Green</b> , Christleton, near Chester	Chester	35503

## Overseas Homes

*Hon. Administrator:* Capt. Andrew Duncan, O.B.E.

*Secretary:* Miss E. Keleher

5 Market Mews, London, W.1. GRO 2267.

### IRE

- 1. Ardeen**, Shillelagh, Co. Wicklow.
- 2. St. Laurence Cheshire Home**, near Dunkettle, Cork.

### INDIA

*Trustees:* Dr. P. Antia, T. N. Jagadisan, Lt.-Col. Prem Kak, J. A. K. Martyn, O B.E. (*Managing Trustee*), K. M. S. Reddy, Col. L. Sawhny, Major-General Virendra Singh (*Chairman*), P. S. Maller (*Hon. Treasurer*), V. J. Taraporevala (*Legal Adviser*).

*Enquiries to:* P.O. Box 518, Calcutta.

- 1.** Cheshire Home, Rustam Bagh Estate, H. A. L. Main Road, Domlur, **Bangalore**, 17
- \*2.** Cheshire Home, opp. Buddhev Colony Kareli Baug, **Baroda**
- 3.** Bethlehem House, Cheshire Home, Andheri, **Bombay**, 69
- \*4.** Cheshire Home, **Burnpur**
- 5.** Shanti Rani House, 13 Upper Strand Road, Serampore (nr. **Calcutta**), West Bengal.
- 6.** Cheshire Home, **Coimbatore**.
- 7.** Govind Bhawan, 16 Pritam Road, **Dehra Dun**, U.P.

**8.** Banarsidas Chandiwala Swasthya Sadam, Kalkaji, **New Delhi**.

**9.** Rustomji P. Patel Cheshire Home, Sundernager. **Jamshedpur**, nr. Tatanager, Bihar. **C**

**10.** Vishranthi Illam, **Katpadi** Township, North Arcot, Madras State. **L**

**11.** Anbu Nilayam, **Covelong**, Madras.

**12.** Cheshire Home, **Mangalore**.

**\*13.** Cheshire Home, **Ranchi** (Meath Marg.).

**14.** Cheshire Home, Bishop's Compound, **Poona**, 1.

**\*15.** Cheshire Home, **Tiruchirapalli**.

### CEYLON

**1.** Cheshire Home, Wester Seaton Farm, Negombo, **Colombo**.

### ETHIOPIA

**1.** Cheshire Home, P.O.B. 3427, **Addis Ababa**. **CM**

### HONG KONG

**1.** Hoi Sin (Star of the Sea), Chum-Hom-Kok, nr. Stanley.

### JORDAN

*Chairman:* Rt. Rev. Mgr. Nameh Simaan, V.G.

**1.** Cheshire Home, P.O.B. 100, **Bethlehem** **C**

**2.** Cheshire Centre, **Amman**, Box. No. 1710 **C**

### KENYA

**\*1.** Likoni, **Mombasa**, Cheshire Home

**\*2.** Cheshire Home, **Nairobi**

### MALAYSIA

*Chairman:* Hon. Mr. Justice Tan Ah Tah  
*Enquiries to:* 10b Chulia Street, Singapore (Tel. 93210).

**1.** Johore Cheshire Home, Jalan Larkin, **Johore Bahru**.

**2.** Rumah, 'Amal Cheshire, 7½ Mile Ipoh Road, Batu Caves, **Selangor**, Kuala Lumpur.

### MAURITIUS

*Chairman:* Mr. L. Epsitolier Noel.

**1.** Cheshire Home, **Tamarin**. **C**

### MOROCCO

*Patron:* H.E. The Princess Lalla Fatima.

*Chairman:* Mme. J. M. Cherifa d'Ouezzane.

**1.** Dar el Hanaa, 3 Place des Aloes, Mar-shan, **Tangier**. **C**

### NATAL

*Enquiries:* P.B. Box 3827, Durban.

**\*1.** Cheshire Home, 890 Main Road, Moseley.



## NIGERIA

*Chairman:* Federal Chief Justice Sir Adetokunbo Ademola.

1. Oluyole Cheshire Home, P.O. Box 1425, **Ibadan.** C
2. Cheshire Home, **Enugu.** C
3. 177 Agege Motor Road, Mushin, **Lagos.** C
4. Obiomo Cheshire Home, 6 Onwenu Street, **Port Harcourt.** C

## PAPUA NEW GUINEA, Territory of

*Chairman:* Percy Chatterton, Esq.

1. Cheshire Home, Box 1058, Boroko, **Port Moresby.** CM

## PORTUGAL

1. Lar Da Vontade, Rue Candido dos Reis, 38 Oeiras (nr. Lisbon).

## SIERRA LEONE

*Chairman:* The Hon. Banja Tejan Sie

1. Sir Milton Cheshire Home, **Bo.** C
2. Cheshire Home, **Freetown.** C

## SINGAPORE

1. Singapore Cheshire Home, 90 Nicholl Drive, Telok Paku, Singapore, 17.

## THAILAND

- \*1. The Cheshire Home, **Bangkok.**

## UGANDA

- \*1. Nadiope Cheshire Home, Mbirizi, Busoga Province.
- \*2. Omunaka Kama Cheshire Home, Ngalama.

\*Homes in preparation.

C For crippled children.

CM For mentally-retarded children.

L For burnt-out leprosy cases suffering from consequent disabilities.

Overseas Homes are generally known by the names shown in **bold letters.**

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Sister Denise Tabernacle (right), who is in charge of the Cheshire Home for Mentally Retarded Children, Addis Ababa, Ethiopia, with (left), one of the Service Officers from R.A.F. Aden who have done so much to help this Home. *Photo: R.A.F. Aden*

